

**Old Saybrook Youth & Family Services  
Commission Meeting  
Tuesday, November 13, 2018; 6:00 P.M.  
Youth & Family Services Offices,  
322 Main Street, Old Saybrook, CT 06475**

<b>I. Roll Call</b>	<p><b>Attendant Members:</b> Jennifer Welsh, Chair; Jonathan Paradis, Old Saybrook Parks and Recreation; Mike Rafferty, Retired Educator; Mary Ann Iadarola, Public Nursing Board Representative</p> <p><b>Absent Members:</b> Lisa Castro, Old Saybrook Middle School-School Psychologist, Michael Spera, Chief of Police</p> <p><b>Student Representatives:</b> Liam Welsh, Carissa Schilke</p> <p><b>Absent Student Representatives:</b> Peter McNeil, Abbie Woodford</p> <p><b>Attendant Staff:</b> Heather McNeil, Executive Director Angela Gaidry, Recording Clerk</p>
<b>II. Call to Order</b>	J. Welsh called the meeting to order at 6:00 P.M. Pledge of Allegiance
<b>III. Comments from the Public</b>	No one from the public was present.
<b>IV. Approval of Minutes</b>	<p><b>Motion</b> made by M. Rafferty to approve the minutes of Tuesday, October 2, 2018 as presented.</p> <p>H. McNeil noted a slight change re: the group working on the E3 program has been invited <b>to submit a proposal</b> to national conference in Washington, D.C. (not to attend). The motion was seconded by J. Welsh and was approved.</p>
<b>V. Chairman's Comments</b>	Nothing to report at this time.
<b>VI. Director's Report for 11/13/2018</b>	<p><b>CAPP Prevention partnership/E3 Award</b> H. McNeil spoke of E3 being recognized and the award at CAPP. The proposal on the Vape Program was not chosen for the CADCA conference; however, YFS would like to send 4 students to the national conference in Washington, DC. In March.</p> <p>J. Welsh inquired about funding available for the trip. H. McNeil mentioned funds would be needed for hotel and meals, but transportation would be via YFS van. J. Paradis suggested reaching out via letter to BOF. M. Rafferty suggested Education Foundation as well.</p> <p>H. McNeil also mentioned receiving the CYSA Youth Services Program Award for the Essential Life Skills Program, a program created by staff clinician Samantha Steinmacher.</p> <p><b>Mason's Partnership to benefit Youth Action Council (YAC)</b> H. McNeil reported the YAC Pasta dinner was a success, good crowd, raised \$560. Tony and the Masons support YFS, donate all the food, and cook.</p>

M. Rafferty asked about how do we give publicity to the Masons?  
H. McNeil spoke of sharing photos on website, thank in town events magazine.

### **Prevention Corps Service Member/Tri-Town YSB**

H. McNeil spoke of the addition of our shared Prevention Corp. Service Coordinator, Bhumika Shah (registered pharmacy tech) graduating in December but will be with us until August 2019. Fee: ½ paid Tri-Town YSB and ½ Public Health Nursing. Regional Action Council is liaison. Projects will include Senior Yr. Center (medication storage/disposal), working with E3 (wellness days)

### **Budget conversation/BOF meeting 11/20/18**

H. McNeil will meet Tuesday, November 20, 2018. Our request is for OSYFS to be part of Town accounting system. Request YFS Committee members to attend, if possible. Promote the value of OSYFS, programs, awards, etc.

### **Old Lyme Country Club Benefit**

H. McNeil spoke of attending a joint YSB's holiday benefit on Wednesday, December 12, 2018 11AM-4PM \$18/lunch.

Several vendors will support the 3 participating youth service bureaus by donating a % of sales to the 3 YSB (OSYFS, Tri-Town, Lyme YSB).

### **Holiday Giving**

H. McNeil announced that the Holiday Giving Program is underway. Proof of OS residency required. Wendy and Sue provide program requirements to residents. Online sign-ups to adopt a child or family. Turkey Day at the police department. This weekend the OSPD will be asking the community to "Give the cops the bird" (funds to buy turkey and sides, etc.)

### **Social Service Help Days**

H. McNeil spoke of the Social Services Help Days planned and coordinated by Susan Consoli (on the 4<sup>th</sup> Thursday of every month at Grace Church in OS and in Clinton). Examples of various initiatives include a high school intern (senior project) translating program information in Spanish, Health Fair and Flu Clinic, Food Pantry. Discussed inviting Sue to a commission meeting in January. Thursday, November 15, 2018 H.E.A.T. 4-6:30PM.

M. Rafferty mentioned hearing many shoreline food banks are experiencing lesser food supplies, limited funds.

### **Other Events**

H. McNeil spoke of YAC Invite Night – YAC students invite a friend, or adult in their life to attend and see what YAC involves. The students run it and show adults/friends what they do. Dr. Seuss Theme. Parental involvement is essential.

High school interns Shannon and Ana will organize cardboard community (April 2019).

H. McNeil asks student members (Carissa and Liam) to review the Developmental Assets (homework for next meeting) and pick a couple of current issues that they think should be addressed.

	H.McNeil addressed the need to conduct surveys for 7 <sup>th</sup> and 8 <sup>th</sup> graders- they are the best source to determine future programs in order to allow time to put into place. M. Rafferty asks, “how do you approach superintendent with this”? There seems to be a lack of up-to-date information. J. Welsh proposes a possible conversation with Search.
<b>VII. Old Business</b>	Nothing to report.
<b>VIII. New Business</b>	<b>Action steps and advocacy or report on initiatives by Commission members</b> There was nothing new to report.
<b>IX. Other Business</b>	Nothing to report.
<b>X. Adjournment</b>	<b>Motion</b> made by M. Rafferty to adjourn the meeting at 6:45p.m. The motion was seconded by J. Paradis and was approved unanimously.

Respectfully submitted,  
Angela Gaidry, Recording Clerk