

Old Saybrook

COVID 19 Community UPDATE #34 – April 18, 2020

The following Community Update is being provided to you from the
Town of Old Saybrook Emergency Operations Center.

The intent of this document is to provide a daily summary of preparedness,
response and other government activities.

Public Safety & Community Information

- The Nation, State, and Town remain under Declared States of Emergency.
- Please take social distancing recommendations seriously. Our lives depend on it!
- The Town’s Emergency Operations Center (EOC) remains operational.
- There were two (2) new CONFIRMED cases of COVID-19 today in Old Saybrook.
- Now is NOT the time to stop all of our proactive measures. We must follow the guidance!
- Public Health Officials advise Connecticut is entering the peak of the COVID-19 Outbreak.
- We are very concerned about EVERYONE’s Health.
- It is predicted that Middlesex County’s “peak” may be around April 22, 2020. It is April 18th.
- Your actions WILL affect someone else’s health. Let’s keep everyone healthy!
- Old Saybrook belongs to the Connecticut River Area Health District (CRAHD).
- This includes the Towns of Chester, Clinton, Deep River, Haddam, and Old Saybrook.
- These are the current reported Positive Cases according to CRAHD:

-	Chester	-	28 Confirmed Cases	5 Deaths
-	Clinton	-	28 Confirmed Cases	2 Deaths
-	Deep River	-	8 Confirmed Cases	
-	Haddam	-	17 Confirmed Cases	
-	Old Saybrook	-	19 Confirmed Cases	
- We are very concerned that people are restless and are trying to return to “normal”.
- It is TOO SOON! If we scale back our social distancing efforts now, things will get worse.
- WE MUST keep up ALL our efforts to PREVENT Community Spread.

- We will not be successful without you. Please help us save lives! Stay Safe – Stay Home!
- If you do not *need* to go out - STAY HOME!!
- The Governor has ordered, beginning on Monday at 8 PM, that all persons over the age of two (2) that are not able to maintain six (6) feet of separation (proper social distance) from another person, must cover their mouth and nose with a mask or cloth face covering when in a public place.
- Persons with a medical condition that prohibit them from wearing a mask, do not have to wear a mask.
- Store and Restaurant workers will receive guidance soon from the Commissioner of Economic and Community Development regarding “Safe Workplace Rules.”
- The Emergency Operations Center is *working on* a Face Mask for all Program for OS Citizens.
- We are clearly NOT ready to “reopen” the State if a “Mandatory Mask” order was just issued.
- Practice Social Distancing – Not doing so is selfish! – We can keep each other SAFE!
- When choosing to “get some fresh air” try to stay home on your own property.
- The Governor has ordered the suspension of weekend and weekly rentals of homes.
- The Governor has ordered the restriction of gatherings to no more than five (5) people.
- If you see violations of the Governor’s Orders – please call the Police Department!
- PLEASE “Shop Alone” when going to a store for essential items.
- Stores must limit how many shoppers can be in a store at one time by 50%. It’s now the Law.
- Please be respectful as essential workers in stores & restaurants enforce public health rules.
- Without these professionals, stores/restaurants would not be open. Kindness folks Kindness!
- Follow the Warning Signs that are placed at the entrances to indoor stores/shops.
- If you have flu like symptoms or have been around someone with flu like symptoms DO NOT ENTER A PUBLIC STORE!
- The Governor has extended the closure of all non-essential businesses until at least May 20th
- It is April 18. May 20th is 31 days away! If we want May 20th to be a date to look forward to we MUST adhere to ALL of the Public Health Guidance including Social Distancing.
- The Town is very supportive of our local businesses!
- A conference call for businesses was held today. It was very successful.
- Businesses can click the link below for a COVID-19 Business toolkit – updated each day!!
<https://www.oldsaybrookchamber.com/coronavirus-business-toolkit>

- The Emergency Operations Center is using Facebook, Twitter, Instagram, and Snapchat to connect with residents. Search COVID19OS to find us on your favorite social media platform.
- Over 2,850 people are signed up to receive this newsletter! Make sure your family is!
- If you know of someone that does not have a smart phone and wishes to receive this Community Update by email – just contact us! We will make that happen!
- Please visit the Emergency Management Website as your sole local online source of all information related to the COVID-19 Public Health Emergency.

<https://www.oldsaybrookct.gov/emergency-management>

Public School District

- We are dedicating this section of the Community Update to those who have been working tirelessly to ensure no Old Saybrook Student goes hungry during this Public Health Emergency.
- Each day we share information from the Superintendent on how many children are provided breakfast and lunch each day for free. The work they are doing is simply amazing.
- Thank you to all who are organizing, administrating, coordinating, creating, cooking, and handing out meals each day to our students. You are very much appreciated. Thank you!!

Public Health

- It is extremely important that EVERYONE takes this Public Health Emergency seriously!
- People with COVID-19 who have stayed home (home isolated) can stop home isolation (leave their homes) and be safe out in the community under the following conditions:

ALL THREE CONDITIONS MUST BE MET:

- ▲ They have had no fever for at least 72 hours, **AND.....**
(That is three (3) full days of no fever, without the use of fever reducing medicine)
 - ▲ Their other symptoms have improved, **AND.....**
(When their cough or shortness of breath has improved)
 - ▲ Seven (7) days have passed since their symptoms first appeared.
- **In all cases**, follow the guidance of your healthcare provider and local health department.
 - The decision to stop home isolation should be made in consultation with your healthcare provider and state and local health departments.
 - DO NOT go out into the public if you have a fever or flu like symptoms.
 - COVID-19 is HIGHLY Contagious. If you have flu like symptoms STAY HOME!!
 - We have NOT reached the “peak” yet. PLEASE Stay Home and Stay SAFE!

Municipal Government Operations

- The Presidential Primary, by order of the Governor, will now be on August 11, 2020.
- YOUR actions can help prevent community spread. Please choose to help.
- **Practice social distancing. Maintain six (6) feet from other people.**
- The Children's Library is reading books online!

<https://www.youtube.com/channel/UC4wnLS6ZeORHkr3h3YzIX9A>

Social Services / Youth and Family Services

- Social Services Appointments will be conducted by phone, Call Sue Consoli 860-395-3188.
- In case of job loss caused by COVID-19 please visit the State's Department of Labor page at:
<http://www.ctdol.state.ct.us/UI-online/index.htm>
- Youth and Family Services Counselors are providing tele-counseling services.
- For Behavioral Health Support contact Director Heather McNeil 860-510-5042.
- Other services are available by contacting 211.

Good News!!

~~~~~ CONTEST ~~~~~

BRING SMILES, JOY & COMFORT

TO THE RESIDENTS AT GLADEVIEW & APPLE REHAB!!!

- The residents of Gladeview Health Care and Apple Rehab are NOT allowed visitors.
- We want to help their care givers and families provide smiles, joy, & comfort!
- PLEASE draw a colorful picture, write a nice note, be creative! (WE NEED MORE !!)
- Send us a picture (*or scan it if your savvy*) we will print it and deliver it in a sanitized package!
- Submit your entry to Fun@OldSaybrookPolice.com
- Yes....you can drop it off at the Police Department – BUT ONLY – if you are going out anyway for an essential item. Remember Stay Home – Stay Safe!
- Walmart is HIRING!! In need of a job, want to make some extra money? They're hiring now!
- Got Good News? Send it to us! We'd love to share.
- Be safe. Keep Smiling. We will get through this!



**ONE COMMUNITY.
ONE TEAM.**