

Old Saybrook

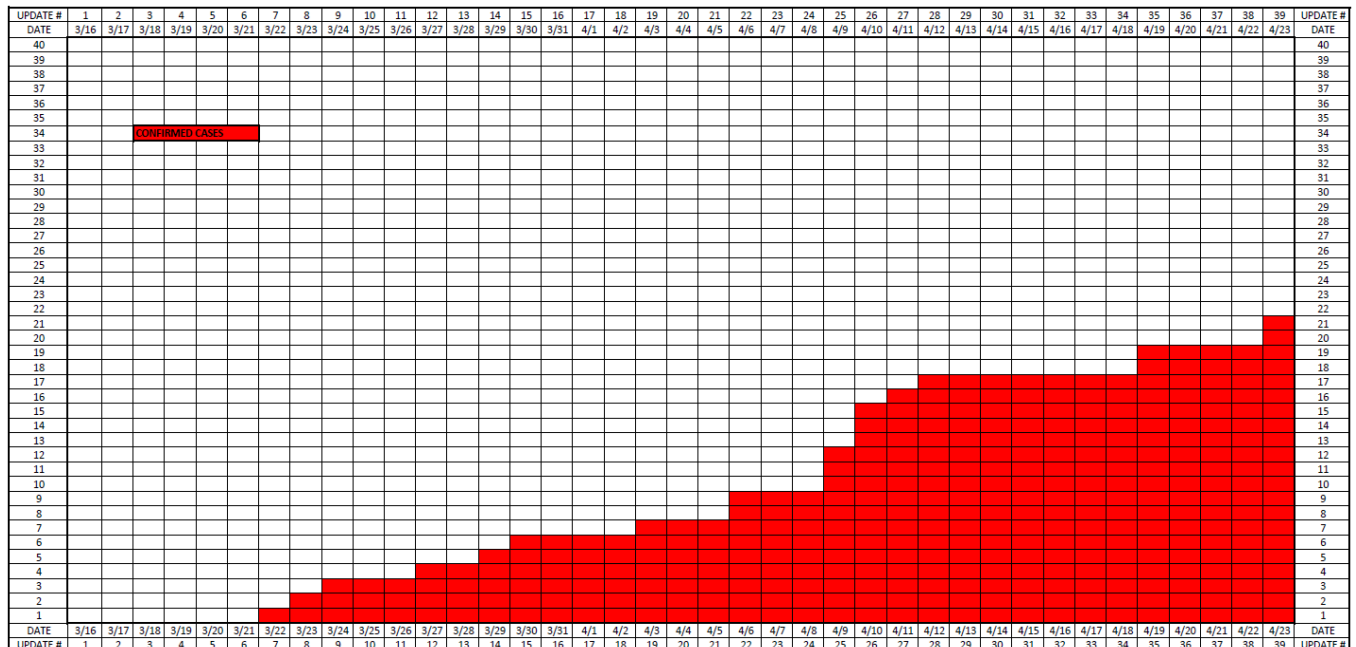
COVID 19 Community UPDATE #39 – April 23, 2020

The following Community Update is being provided to you from the Town of Old Saybrook Emergency Operations Center.

The intent of this document is to provide a daily summary of preparedness, response and other government activities.

Public Safety & Community Information

- The Nation, State, and Town remain under Declared States of Emergency.
- The Town’s Emergency Operations Center (EOC) remains operational.
- There were two (2) new CONFIRMED cases of COVID-19 today in Old Saybrook.
- Old Saybrook belongs to the Connecticut River Area Health District (CRAHD).
- This includes the Towns of Chester, Clinton, Deep River, Haddam, and Old Saybrook.
- These are the current reported Positive Cases according to CRAHD:
 - Chester - 31 Confirmed Cases 6 Deaths
 - Clinton - 30 Confirmed Cases 2 Deaths
 - Deep River - 9 Confirmed Cases
 - Haddam - 18 Confirmed Cases
 - Old Saybrook - 21 Confirmed Cases
- The chart below shows confirmed COVID – 19 cases in Old Saybrook by date.



- We've been discussing the possibility of the COVID-19 Infection period peaking this week.
- Today, Middlesex Hospital experienced increased admissions of COVID-19 Positive Patients.
- The best thing we can do to prevent community spread is to practice social distancing.
- Stay in groups of five (5) people or less.
- Keep six (6) feet distance from others. (Even in small groups!)
- Wear a mask while you are in public.
- Stay home if you do not have to go out.
- Try to stay in your own yard when getting fresh air and some sun.
- Avoid public places if possible.
- We want things to return to normal too! But it's too soon! COVID-19 is still spreading.
- You can have COVID-19 and not have symptoms for many days.
- During that time you can pass COVID-19 to others, including your friends and loved ones.
- This is one of the reasons we are mandated to wear masks!
- PLEASE adhere to the Governor's Order and wear a mask in public! It will stop the spread.
- The Emergency Operations Center is *working on* a Face Mask for all Program for OS Citizens.
- Find a COVID-19 Testing Center Near You! [COVID-19 Testing Sites Locator](#)
- Please report those that are not following the law.
- The Public Safety Leadership Team met today with the First Selectman.

Public School District

- The Public School District served 326 students breakfast and lunch today.
- The District is working on plans for year end grading and activities, by getting input from educators, parents, and students.
- The Superintendent and School Administrators are maintaining open communication with all students, parents, and staff.

Public Health

- It is extremely important that EVERYONE takes this Public Health Emergency seriously!
- Restaurants MUST close their outdoor eating areas to the public.
- Your emotional health is very important as well!
- Set a limit on media consumption, including social media, local or national news.
- Stay hydrated and avoid excessive amounts of caffeine or alcohol. (Please!)
- Connect with loved ones and others who may be experiencing stress about the outbreak.
- Talk about your feelings and enjoy conversation unrelated to the outbreak.

Municipal Government Operations

- The Town Hall will be OPEN tomorrow. Assistance is available by appointment.
- If you needed a building or zoning permit before the pandemic, you still need one now!
- In need of general "Town Hall" assistance? Contact the First Selectman. 860-395-3123.
- A public conference call for business owners will take place this Saturday at 10 AM.
- Call in information can be found here: <https://www.oldsaybrookchamber.com/>
- Subscribe to Acton Library's email newsletter for programs news and announcements:
<http://actonlibrary.org/subscribe/>

Social Services / Youth and Family Services

- Social Services Appointments will be conducted by phone, Call Sue Consoli 860-395-3188.
- Youth and Family Services Counselors are providing tele-counseling services.
- For Behavioral Health Support contact Director Heather McNeil 860-510-5042.
- Other services are available by contacting 211.
- Youth and Family is checking in on 100 + senior citizens who are alone each week.

Good News!!

BRING SMILES, JOY & COMFORT

TO THE RESIDENTS AT GLADEVIEW & APPLE REHAB!!!

The residents of Gladeview Health Care and Apple Rehab are NOT allowed visitors.

We want to help their care givers and families provide smiles, joy, & comfort!

PLEASE draw a colorful picture, write a nice note, be creative!

Submit your entry to Fun@OldSaybrookPolice.com

WOW!! We have received more than one hundred (100) cards and pictures!!

So many we are still printing and reviewing them!!

We will announce winners Tomorrow!! Feel free to keep sending in submissions!

- Our Random Acts of Kindness Program continues, thanks to very generous donations!
- Be safe. Keep Smiling. We will get through this!



**ONE COMMUNITY.
ONE TEAM.**