

Old Saybrook

COVID 19 Community UPDATE #33 – April 17, 2020

The following Community Update is being provided to you from the
Town of Old Saybrook Emergency Operations Center.

The intent of this document is to provide a daily summary of preparedness,
response and other government activities.

Public Safety & Community Information

- The Nation, State, and Town remain under Declared States of Emergency.
- Please take social distancing recommendations seriously. Our lives depend on it!
- The Town’s Emergency Operations Center (EOC) remains operational.
- Once again - there are NO new CONFIRMED cases of COVID-19 today in Old Saybrook!
- There could many explanations for this – one being Social Distancing is Working – Thank you!
- Now is NOT the time to stop all of our proactive measures. We must follow the guidance!
- We have some time to go yet..... Stay Home – Stay Safe
- Your actions affect someone else’s health. Let’s keep everyone healthy!
- Old Saybrook belongs to the Connecticut River Area Health District (CRAHD).
- This includes the Towns of Chester, Clinton, Deep River, Haddam, and Old Saybrook.
- These are the current reported Positive Cases according to CRAHD:

-	Chester	-	27 Confirmed Cases	5 Deaths
-	Clinton	-	24 Confirmed Cases	2 Deaths
-	Deep River	-	8 Confirmed Cases	
-	Haddam	-	14 Confirmed Cases	
-	Old Saybrook	-	17 Confirmed Cases	
- Public Health Officials advise Connecticut is entering the peak of the COVID-19 Outbreak.
- We are very concerned about EVERYONE’S Health over the next two (2) – three (3) weeks.
- It is predicted that Middlesex County’s “peak” may be around April 22, 2020. It is April 17th.
- If we continue to work together, we WILL keep Old Saybrook’s Curve FLAT! We can do this!

- We are very concerned that people will get restless and try to return to “normal” too soon.
- We MUST not do that! WE MUST keep up ALL our efforts to PREVENT Community Spread.
- If we scale back or stop our social distancing efforts now, things will get worse.
- We will not be successful without you. Please help us save lives! Stay Safe – Stay Home!
- If you do not *need* to go out - STAY HOME!!
- When choosing to “get some fresh air” try to stay home on your own property.
- Practice Social Distancing – Not doing so is selfish! – We can keep each other SAFE!
- The Governor has ordered the suspension of weekend and weekly rentals of homes.
- The Governor has ordered the restriction of gatherings to no more than five (5) people.
- If you see violations of the Governor’s Order – please call the Police Department!
- PLEASE “Shop Alone” when going to a store for essential items.
- Stores must limit how many shoppers can be in a store at one time by 50%. It’s now the Law.
- We have reports of people being rude to clerks that are enforcing the Governor’s Orders.
- Store clerks are essential workers. They are not police officers. They did not take their jobs at WalMart, Stop & Shop, Big Y and Ocean State Job Lot with the intention of enforcing Public Health and Emergency Orders from the Governor. Be nice people!!
- Without these professionals, stores would not be open. Kindness goes a long way!
- Follow the Warning Signs that are placed at the entrances to indoor stores/shops.
- If you have flu like symptoms or have been around someone with flu like symptoms DO NOT ENTER A PUBLIC STORE!
- The Governor has extended the closure of all non-essential businesses until at least May 20th
- The Town is very supportive of our local businesses!
- A conference call for businesses is scheduled for tomorrow at 10 AM.
- Information to participate in the call can be found here: <https://www.oldsaybrookchamber.com/>
- Businesses can click the link below for a COVID-19 Business toolkit – updated each day!!
<https://www.oldsaybrookchamber.com/coronavirus-business-toolkit>
- The Emergency Operations Center is using Facebook, Twitter, Instagram, and Snapchat to connect with residents. Search COVID19OS to find us on your favorite social media platform.
- Over 2,800 people are signed up to receive this newsletter! Make sure your family is!
- If you know of someone that does not have a smart phone and wishes to receive this Community Update by email – just contact us! We will make that happen!

- Please visit the Emergency Management Website as your sole local online source of all information related to the COVID-19 Public Health Emergency.

<https://www.oldsaybrookct.gov/emergency-management>

Public School District

- Distance Learning continues on Monday! Enjoy the weekend!
- Thank you to our teachers, parents, and kids for making this a success!
- 393 students were provided meals (breakfast and lunch) for the weekend today!
- The OSPS website is being updated for parents and students daily.

<https://www.oldsaybrookschoools.org/>

Public Health

- It is extremely important that EVERYONE takes this Public Health Emergency seriously!
- Public Health Inspectors ARE checking on businesses – we must all stay safe!
- People with COVID-19 who have stayed home (home isolated) can stop home isolation (leave their homes) and be safe out in the community under the following conditions:

ALL THREE CONDITIONS MUST BE MET:

- ▲ They have had no fever for at least 72 hours, **AND.....**
(That is three (3) full days of no fever, without the use of fever reducing medicine)
- ▲ Their other symptoms have improved, **AND.....**
(When their cough or shortness of breath has improved)
- ▲ Seven (7) days have passed since their symptoms first appeared.

- **In all cases**, follow the guidance of your healthcare provider and local health department.
- The decision to stop home isolation should be made in consultation with your healthcare provider and state and local health departments.
- DO NOT go out into the public if you have a fever or flu like symptoms.
- COVID-19 is HIGHLY Contagious. If you have flu like symptoms STAY HOME!!
- We have NOT reached the “peak” yet. PLEASE Stay Home and Stay SAFE!
- The CDC has a COVID-19 “Self Checker”.

Click the link: <https://www.cdc.gov/coronavirus/2019-nCoV/index.html>

- Playscapes will be sanitized three times a week.
- **Practice social distancing. Maintain six (6) feet from other people.**

Municipal Government Operations

- The Transfer Station will be OPEN normal hours tomorrow.
- YOUR actions can help prevent community spread. Please choose to help.
- The Children's Library is reading books online!

<https://www.youtube.com/channel/UC4wnLS6ZeORHkr3h3YzIX9A>

Social Services / Youth and Family Services

- Social Services Appointments will be conducted by phone, Call Sue Consoli 860-395-3188.
- In case of job loss caused by COVID-19 please visit the State's Department of Labor page at:
<http://www.ctdol.state.ct.us/UI-online/index.htm>
- Youth and Family Services Counselors are providing tele-counseling services.
- For Behavioral Health Support contact Director Heather McNeil 860-510-5042.
- Other services are available by contacting 211.

Good News!!

~~~~~ CONTEST ~~~~~

BRING SMILES, JOY & COMFORT

TO THE RESIDENTS AT GLADEVIEW & APPLE REHAB!!!

- The residents of Gladeview Health Care and Apple Rehab are NOT allowed visitors.
- We want to help their care givers and families provide smiles, joy, & comfort!
- PLEASE draw a colorful picture, write a nice note, be creative!
- Send us a picture (*or scan it if your savvy*) we will print it and deliver it in a sanitized package!
- Submit your entry to Fun@OldSaybrookPolice.com
- Yes....you can drop it off at the Police Department – BUT ONLY – if you are going out anyway for an essential item. Remember Stay Home – Stay Safe!
- Walmart is HIRING!! In need of a job, want to make some extra money? They're hiring now!
- Got Good News? Send it to us! We'd love to share.
- Be safe. Keep Smiling. We will get through this!



**ONE COMMUNITY.
ONE TEAM.**