## Old Saybrook

#### COVID 19 Community UPDATE #31 – April 15, 2020

The following Community Update is being provided to you from the Town of Old Saybrook Emergency Operations Center.

The intent of this document is to provide a daily summary of preparedness, response and other government activities.

#### **Public Safety & Community Information**

- The Nation, State, and Town remain under Declared States of Emergency.
- Please take social distancing recommendations seriously. Our lives depend on it!
- The Town's Emergency Operations Center (EOC) remains operational.
- Once again there are NO new CONFIRMED cases of COVID-19 today in Old Saybrook!
- Old Saybrook belongs to the Connecticut River Area Health District (CRAHD).
- This includes the Towns of Chester, Clinton, Deep River, Haddam, and Old Saybrook.
- These are the current reported Positive Cases according to CRAHD:

Chester - 26 Confirmed Cases 4 Deaths
 Clinton - 24 Confirmed Cases 1 Death

Deep River - 8 Confirmed Cases
 Haddam - 13 Confirmed Cases
 Old Saybrook - 17 Confirmed Cases

- Public Health Officials advise Connecticut is entering the peak of the COVID-19 Outbreak.
- We are very concerned about EVERYONE's Health over the next two (2) three (3) weeks.
- It is predicted that Middlesex County's "peak" may be around April 22, 2020. It is April 15<sup>th</sup>.
- If we continue to work together, we WILL keep Old Saybrook's Curve FLAT! We can do this!
- We are very concerned that people will get restless and try to return to "normal" too soon.
- We MUST not do that! WE MUST keep up ALL our efforts to PREVENT Community Spread.
- If we scale back or stop our social distancing efforts now, things will get worse.
- We want "things" to get better, not worse! Each individual can truly make a difference!

- We will not be successful without you. Please help us save lives! Stay Safe Stay Home!
- If you do not *need* to go out STAY HOME!!
- When choosing to "get some fresh air" try to stay home on your own property.
- Practice Social Distancing Not doing so is selfish! We can keep each other SAFE!
- The Governor has ordered the suspension of weekend and weekly rentals of homes.
- If you see weekend or weekly rental activity please contact the Police Department.
- The Governor has ordered the restriction of gatherings to no more than five (5) people.
- If you see groups of more than five (5) people please call the Police Department!
- PLEASE "Shop Alone" when going to a store for essential items.
- Stores must limit how many shoppers can be in a store at one time by 50%. It's now the Law.
- Follow the Warning Signs that are placed at the entrances to indoor stores/shops.
- If you have flu like symptoms or have been around someone with flu like symptoms DO NOT ENTER A PUBLIC STORE!
- The Governor has extended the closure of all non-essential businesses until at least May 20<sup>th</sup>
- The Town is very supportive of our local businesses!
- Businesses can click the link below for a COVID-19 Business toolkit updated each day!! https://www.oldsaybrookchamber.com/coronavirus-business-toolkit
- The Emergency Operations Center is using Facebook, Twitter, Instagram, and Snapchat to connect with residents. Search COVID19OS to find us on your favorite social media platform.
- Over 2,800 people are signed up to receive this newsletter! Make sure your family is!
- If you know of someone that does not have a smart phone and wishes to receive this Community Update by email just contact us! We will make that happen!
- Please visit the Emergency Management Website as your sole local online source of all information related to the COVID-19 Public Health Emergency.

https://www.oldsaybrookct.gov/emergency-management

#### **Public School District**

- Distance Learning continues again Tomorrow!
- Thank you to our teachers, parents, and kids for making this a success!
- 252 students were provided meals (breakfast and lunch) today!
- The OSPS website is being updated for parents and students daily. https://www.oldsaybrookschools.org/

#### **Public Health**

- It is extremely important that EVERYONE takes this Public Health Emergency seriously!
- Public Health Inspectors ARE checking on businesses we must all stay safe!
- DO NOT go out into the public if you have a fever or flu like symptoms.
- DO NOT go into a retail store or restaurant if you have a fever or flu like symptoms.
- COVID-19 is HIGHLY Contagious. If you have flu like symptoms STAY HOME!!
- We have NOT reached the "peak" yet. PLEASE Stay Home and Stay SAFE!
- The CDC has a COVID-19 "Self Checker".

Click the link: https://www.cdc.gov/coronavirus/2019-nCoV/index.html

- Playscapes will be sanitized three times a week.
- Practice social distancing. Maintain six (6) feet from other people.
- Wash your hands with soap and water frequently for twenty (20) seconds or use at least 60% alcohol based sanitizer.
- YOUR actions can save lives! BE Responsible! SLOW THE SPREAD!

#### **Municipal Government Operations**

- Town offices will be open by appointment tomorrow. Please contact the Department you wish to do business with.
- If you have a general inquiry for Town Government, contact the First Selectman's Office 860-395-3123, First Selectman Fortuna Jr. will be happy to assist you.
- The U.S. Census is completed every ten years. The time to fill out your census form is now.
- It is important to be counted.....For example, census numbers are often used to calculate "how much" of "something" each State receives. In times of an Emergency/Crisis, it is important that ALL of us are "counted", so that what is needed, is supplied.
- As of today, only 50% of Old Saybrook residents have been "counted."
- Help us be "counted"! Start here it takes 10 minutes! <a href="https://2020census.gov/en.html">https://2020census.gov/en.html</a>
- Remember to check the Town Website to participate remotely in "public meetings".
- YOUR actions can help prevent community spread. Please choose to help.
- The Children's Library is reading books online!

https://www.youtube.com/channel/UC4wnLS6ZeORHkr3h3YzIX9A

■ Chat with a reference librarian live, Monday through Friday 12-5 http://actonlibrary.org/

#### Social Services / Youth and Family Services

- Access Health CT has EXTENDED it's special enrollment period until April 17, 2020. If you are uninsured please use this opportunity to enroll. Go to <a href="https://www.AccessHealthCT.com">www.AccessHealthCT.com</a>
- Social Services Appointments will be conducted by phone, Call Sue Consoli 860-395-3188.
- In case of job loss caused by COVID-19 please visit the State's Department of Labor page at:

#### http://www.ctdol.state.ct.us/UI-online/index.htm

- Youth and Family Services Counselors are providing tele-counseling services.
- For Behavioral Health Support contact Director Heather McNeil 860-510-5042.
- Connect & talk with people you trust about your concerns and how you are feeling.
- Other services are available by contacting 211.

#### **Good News!!**

#### DRESS UP YOUR FRONT DOOR CONTEST – WINNERS ANNOUNCED!!!

- Winners received their pizzas tonight! The winning doors are attached!
- To see a very cool video of all the submissions click here: https://youtu.be/4DRZ-GgMNJO

#### ~~~~ NEW CONTEST ~~~~

### BRING SMILES, JOY & COMFORT TO THE RESIDENTS AT GLADEVIEW & APPLE REHAB!!!

- The residents of Gladeview Health Care and Apple Rehab are NOT allowed visitors.
- We want to help their care givers and families provide smiles, joy, & comfort!
- PLEASE draw a colorful picture, write a nice note, be creative!
- Send us a picture (or scan it if your savvy) we will print it and deliver it in a sanitized package!
- Submit your entry to Fun@OldSaybrookPolice.com
- Yes....you can drop it off at the Police Department BUT ONLY if you are going out anyway for an essential item. Remember Stay Home Stay Safe!
- Got Good News? Send it to us! We'd love to share.
- Be safe. Keep Smiling. We will get through this!



# ONE COMMUNITY. ONE TEAM.