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Presented by: **Brittany Eckert**

Sponsored by: **Old Saybrook Early Childhood Counsel**

Location: **In person meetings at Vicki Duffy Pavilion  
155 College Street, OS & Virtual Meetings**

Dates: **In Person Meeting: Saturdays 11/7 & 12/5  
Zoom: Tuesdays: 11/10, 11/17, 11/27, 12/1**

Times: **Saturdays, 9:00 -12:00pm  
Tuesdays, 6:00 - 8:00 pm**

Cost: **\$25 per. household**

Who should attend: **Caregivers of children ages 0-6**

How to register:

<http://events.constantcontact.com/register/event?llr=xcfiokcab&oeidk=a07ehbv1se11c5943f>

Or visit **www.OSYFS.org**

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At times all parents feel lost or without a clue about what our child might need from us. Imagine what it might feel like if you were able to make sense of what your child was really asking from you. The Circle of Security Parenting™ program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

Learning Objectives of the Training:

- Understand your child's emotional world by learning to read the emotional needs
- Support your child's ability to successfully manage emotions
- Enhance the development of your child's self esteem
- Honor your innate wisdom and desire for your child to be secure

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For any question please contact Old Saybrook Youth & Family Services at 860-395-3190