Courage to Speak® **COURAGEOUS PARENTING101**



"Parenting Through the Opioid Crisis and Beyond"™

- **Learn Communication Strategies with Children on Drugs**
- Teach Children Drug Refusal Skills
- Help Children Cope Effectively with Stress and Emotions
- Understand Signs of Drug Use
- The Influence of Marijuana and Opioid Use on Youth Development
- Parent Resources and Much More!



A DOUBLE DOSE OF PREVENTION™

Part 1 Featuring the Courage to Speak® Presentation presented by Ginger Katz, CEO, Founder of The Courage to Speak Foundation and Author of Sunny's Story, A Drug **Prevention Book**



Part 2 Facilitated by Carlos Reinoso Jr MSMOL. BHCC trained in substance abuse and addiction presenting Courage to Speak® Courageous Parenting 101 "Parenting Through the Opioid Crisis and Beyond" ™

















March 27th, 2019 Time: 6:00 P.M. **Old Saybrook High School** 1111 Boston Post Road Old Saybrook, CT 06475

For more information or to register please contact: Heather McNeill 860-510-5042 or email Heather.McNeil@OldSaybrookCT.gov

www.couragetospeak.org