

Old Saybrook

COVID 19 Community UPDATE #53 – May 7, 2020

The following Community Update is being provided to you from the
Town of Old Saybrook Emergency Operations Center.

The intent of this document is to provide a daily summary of preparedness,
response and other government activities.

Public Safety & Community Information

- The Nation, State, and Town remain under Declared States of Emergency.
- The Town's Emergency Operations Center (EOC) remains operational.
- There were no new CONFIRMED cases of COVID-19 today in Old Saybrook!
- Old Saybrook belongs to the Connecticut River Area Health District (CRAHD).
- This includes the Towns of Chester, Clinton, Deep River, Haddam, and Old Saybrook.
- There were no new CONFIRMED cases of COVID-19 today in our Health District!
- These are the current reported Positive Cases according to CRAHD:

| | | | | |
|---|--------------|---|--------------------|----------|
| - | Chester | - | 40 Confirmed Cases | 9 Deaths |
| - | Clinton | - | 35 Confirmed Cases | 3 Deaths |
| - | Deep River | - | 10 Confirmed Cases | 2 Deaths |
| - | Haddam | - | 23 Confirmed Cases | |
| - | Old Saybrook | - | 23 Confirmed Cases | |
- Don't WAIT until it's too LATE to Call 911!
- We are noticing a trend that people who need an ambulance for non COVID-19 related matters are reluctant to call 911. We understand.
- Not calling for help soon when you do not feel well can lead to grave consequences later.
- There is an increase of cardiac arrest cases Statewide.
- Please – don't wait! If you do not feel good, call 911! We are here to help you!

Public Health

- Maintain Social Distancing – Stay six (6) Feet away from another person.
- Do not participate in group activities that have more than five (5) people.
- Wash your hands often! It helps stop the spread of the virus!
- Wear a mask to help prevent community spread! (That's why we handed them out!)

Recovery Taskforce – Open OS!

- One of the four (4) phases of Emergency Management is “Recovery”.
- Tomorrow the State will begin to release guidance concerning the reopening of some types of business.
- The Town’s Recovery Taskforce will use this information to work on local matters and ensure that Old Saybrook open is the most successful and safe way possible.
- We will look for whatever creative ways we can legally be supportive of our local businesses.
- You have an opportunity now to provide direct input with our Recovery planning.
- This is your opportunity to let your voice be heard! Email us today! All ideas are welcomed!
- Email your thoughts and ideas to: OpenOS@OldSaybrookPolice.com

Public School District

- The District continues to work with students and parents to shape an alternative graduation ceremony for our High School Seniors.
- Those picking up meals at the High School should use the main entrance, drive around the school (drive behind the school) to the rear parking lot behind the cafeteria. See you in the AM!

Social Services / Youth and Family Services

- Social Services Appointments will be conducted by phone, 860-395-3188.
- This is a difficult time for many people. Please know we care and we are here for you.
- Youth and Family Services Counselors are providing tele-counseling services. 860-395-3190.
- Our services are completely professional and confidential.
- YFS Staff continues to “virtually check in on” over 130 senior citizens each week.

Municipal Government Operations

- Get your Beach Pass ON LINE!! <https://oldsaybrookbeach.cityhallsystems.com/index.php>
- Beginning this weekend, ONLY Town Residents will be allowed to park at our beaches.
- Both Town Beach and Harvey’s Beach will operate at 50% Capacity.
- There will be no bathroom or shower facilities open. (Plan ahead).
- Police Officers will be at our beaches to ensure these Emergency Orders are followed.
- The Emergency Orders regarding the beaches will be in effect until at least June 30, 2020.
- Municipal Government will be OPEN tomorrow!
- Schedule an appointment with the Department you wish to do business with.
- A Public Conference Call with local businesses is scheduled for this Saturday at 10 AM.
- Miss your library? We do! Until it can reopen check out Action ON LINE. A flyer is attached!

Good News!!

New Contest - Show & Spread Some **TRUE LOVE** Old Saybrook!!
RED Hearts are popping up all over Town – Let's Spread the **LOVE!**

Put a **RED heart** up in your doorway, on your lawn, house, or car!

Display a **RED Heart** for the **TRUE LOVE** you have for:

Essential Workers.....

(Healthcare, Public Safety, Restaurant, Educators, Retail, Licensed Trade Workers)

For the **TRUE LOVE** you have for **Old Saybrook!!**

Today a creative genius made a heart in his lawn with the lawnmower!

(He asked that we referred to him as such...)

Take a Picture of your **RED Heart** or **Hearts** on display and email it to:

Fun@OldSaybrookPolice.com

- Winners will be picked and will receive a pizza and ice-cream cake on Saturday!
- Be safe. Keep Smiling. We will get through this!



**ONE COMMUNITY.
ONE TEAM.**

DON'T WAIT UNTIL IT'S TOO LATE TO CALL

9-1-1



Sometimes signs and symptoms occur before sudden cardiac arrest, these may include:

- Chest pain or discomfort
- Heart palpitations
- Rapid or irregular heartbeats
- Unexplained wheezing
- Unexplained shortness of breath
- Weakness
- Fainting or near fainting
- Lightheadedness or dizziness

When you or a loved one is experiencing these signs and symptoms, please call 9-1-1 immediately. The consequences of avoiding medical treatment could be fatal.

Recognize the immediate signs symptoms of sudden cardiac arrest:

- Sudden collapse
- No breathing
- No pulse
- Loss of consciousness



UPCOMING PROGRAMS

Acton ONLINE

Saturday, May 9

- Tech Time w/ Tim: Outsmarting your SmartPhone @ 1pm

Tuesday, May 12

- Game Day Scattergories @3pm
- Sciencetellers: Aliens Escape! @6:30pm

Wednesday, May 13

- WiggleBookWorms Storytime @10:30am
- Uncovering the Hidden Job Market @1pm
- Knitting Group @2:30pm

Thursday, May 14

- Coffee & Conversation @10am
- Genealogy Interest Group @11am
- Writing Group @2pm
- Books on Tap Club @6:30

Friday May 15

- Dungeons & Dragons @1:30pm



REGISTER AT [ACTONLIBRARY.ORG](https://actonlibrary.org)

Old Saybrook

Emergency Operations Center

*In an effort to reduce anxiety, create some smiles, and **HONOR** the essential workers who are there for us....*

The Old Saybrook Emergency Operations Center is sponsoring a:

Dress Up Your Front Door Photo Contest!!!

*Using what you
have at home.....*

**Decorate
your front door!**

Make it Colorful!

Be Creative!

Take a Photo!

Send it to us!

Great Family Fun!



*Using what you
have at home.....*

**Decorate
your front door!**

Make it Colorful!

Be Creative!

Take a Photo!

Send it to us!

Bring Joy to All!

Entries are due by Wednesday, April 15, 2020 at noon!

Send your Pictures to:

Fun@OldSaybrookPolice.com

If the links don't work on your device....

Please visit our social media sites by searching COVID19OS

Winning families will receive a pizza and ice cream on Wednesday for Dinner!