

- We can assume that some of the first people diagnosed with COVID-19 are now better.
- There is no “repeat testing” to ensure that positively diagnosed patients are virus free.
- We have spoken to everyone who has tested positive for COVID-19 (*That we know of..*)
- People with COVID-19 who have stayed home (home isolated) can stop home isolation (leave their homes) and be safe out in the community under the following conditions:

ALL THREE CONDITIONS MUST BE MET:

- ▲ They have had no fever for at least 72 hours, **AND.....**
(*That is three (3) full days of no fever, without the use of fever reducing medicine*)
 - ▲ Their other symptoms have improved, **AND.....**
(*When their cough or shortness of breath has improved*)
 - ▲ Seven (7) days have passed since their symptoms first appeared.
- **In all cases**, follow the guidance of your healthcare provider and local health department.
 - The decision to stop home isolation should be made in consultation with your healthcare provider and state and local health departments.
 - Find a COVID-19 Testing Center Near You! [COVID-19 Testing Sites Locator](#)
 - You can have COVID-19 and not display symptoms for many days.
 - During that time you can pass COVID-19 to others, including your friends and loved ones.
 - We want things to return to normal too! But it’s too soon! COVID-19 is still spreading.
 - PLEASE adhere to the Governor’s Order and wear a mask in public! It will stop the spread.
 - Your car is not a public place. You do not have to wear a mask when you are driving.
 - You MUST wear a mask if you are in a taxi, Uber, Lyft, or using public transportation.
 - The Emergency Operations Center is *working on* a Face Mask for all Program for OS Citizens.
 - Please report those that are not following the law.
 - Do not stand in crowds. Groups must be no larger than five (5) people.
 - The Public Safety Leadership Team met today with the First Selectman.
 - The Public Safety Leadership Team also participated in a conference call with the Governor.

Public School District

- The Public School District served 406 students breakfast and lunch today.
- The District is working on plans for end year grading and activities, by getting input from educators, parents, and students.
- The Superintendent and School Administrators are maintaining open communication with all students, parents, and staff.

Public Health

- It is extremely important that EVERYONE takes this Public Health Emergency seriously!
- Restaurants MUST close their outdoor eating areas to the public.

Municipal Government Operations

- The Town Hall will be OPEN tomorrow. Assistance is available by appointment.
- If you needed a building or zoning permit before the pandemic, you still need one now!
- In need of general "Town Hall" assistance? Contact the First Selectman. 860-395-3123.
- A conference call for business owners will take place this Saturday at 10 AM.

Social Services / Youth and Family Services

- Social Services Appointments will be conducted by phone, Call Sue Consoli 860-395-3188.
- Youth and Family Services Counselors are providing tele-counseling services.
- For Behavioral Health Support contact Director Heather McNeil 860-510-5042.
- Other services are available by contacting 211.
- Youth and Family is checking in on 100 + senior citizens who are alone each week.

Good News!!

BRING SMILES, JOY & COMFORT TO THE RESIDENTS AT GLADEVIEW & APPLE REHAB!!!

The residents of Gladeview Health Care and Apple Rehab are NOT allowed visitors.

We want to help their care givers and families provide smiles, joy, & comfort!

PLEASE draw a colorful picture, write a nice note, be creative!

Submit your entry to Fun@OldSaybrookPolice.com

WOW!! We have received more than one hundred (100) cards and pictures!!

So many we are still printing and reviewing them!!

We will announce winners this Friday! Feel free to keep sending in submissions!

- Our Random Acts of Kindness Program continues, thanks to very generous donations!
- Be safe. Keep Smiling. We will get through this!



**ONE COMMUNITY.
ONE TEAM.**

	Address	Phone #	Hours	Take Out	Delivery Service
AFC Sushi @ Big Y 58	28 Spencer Plain Road	(860)395-0511	8am-8pm	Yes	No
Alforno's	1654 Boston Post Road	(860)399-4166	Lunch: 12pm-230pm, Sun-Thurs 5-8 Fri-Sat 5-9	Yes	Door Dash
Ashlawn Farm Store LLC	454 Boston Post Road	(860)339-5663	Online Orders Only with Thursday 11-2 Curbside Pickup	Yes	Whole Sale Delivery
Aspen Restaurant	2 Main Street	CLOSED	CLOSED	CLOSED	CLOSED
Atlantic Seafood	1400 Boston Post Rd.	(860)388-4527	9am-4pm Daily/Fri& Sat 9am-6pm	Yes	No
Ben & Jerry's	19 Main Street	CLOSED	CLOSED	CLOSED	CLOSED
Big Y	28 Spencer Plain Road	(860)395-0511	8am-8pm	Yes	No
Burger King	607 Boston Post Road	(860)388-5255	7am-8pm	Yes	No
Café Toscana	25 Main Street	(860)388-1270	7am-330pm	Yes	No
Caffe Marche	2 Pennywise Lane	CLOSED	CLOSED	CLOSED	CLOSED
Cloud 9	256 Boston Post Road	CLOSED	CLOSED	CLOSED	CLOSED
Comfort Café	90 Essex Road	CLOSED	CLOSED	CLOSED	CLOSED

Courtyard	105 Elm Street	(860)388-1821	6am-2pm	Yes	Local Delivery
Cuckoo's Nest	1712 Boston Post Road	(860)399-8189	4pm-8pm/Sundays 1pm-5pm	Yes	Shoreline Menu Delivery through Website
Dagmar's Desserts	75 Main Street	(860)661-4661	Tues-Sat 10am-2pm/Closed Sun & Mon	Yes	Shoreline Menu Delivery through Website
Dairy Queen	1370 Boston Post Road	CLOSED	CLOSED	CLOSED	CLOSED
Dunkin Donuts	923B Boston Post Road	(860)388-9121	5am-7pm	Yes	No
Dunkin Donuts II	1635 Boston Post Road	(860)399-0025	5am-5pm	Yes	No
Estuary Council	220 Main Street	(860)388-1611	Café Lunches Take Out Only Meals on Wheels	Yes	Meals on Wheels
Fenwick Ice Cream	910 Boston Post Road	(860)388-4032	Mon-Wed 11am-3pm/ Thur, Sun 11am-730pm/Fri,Sat 11am-8pm	Yes	No
Fiore	210 Main Street	(860)388-2699	11am-9pm	Yes	Local Delivery
Five Guys	28 Spencer Plain Road	(860)391-8602	11am-8pm	Yes	Door Dash, Online Orders, Uber Eats
Fresh Salt (Saybrook Point Inn)	2 Bridge Street	(860)388-1111	Thursday & Friday 4pm-9pm Sat & Sun 12pm-9pm	Yes	Shoreline Menus
Fromage	873 Boston Post Road	(860)388-5750	Mon-Fri: 10am-4pm/Sat: 9am-4pm Closed Sunday	Yes	No
Golden Garden	210 Main Street	(860)395-0888	CLOSED	CLOSED	CLOSED

Himalaya Café	1456 Boston Post Road	(860)577-5300	Mon,Wed, Thurs 430-8pm/Tues Closed Fri,Sat 5-9pm/Sun 430pm-8pm	Yes	No
Jack Rabbits	254 Main Street	(860)510-0048	11am-8pm	Yes	Local Delivery
Jakes Wayback Burgers	1657 Boston Post Road	(860)391-8475	1030am-9pm	Yes	Door Dash, Uber Eats
Johnny Ad's	910 Boston Post Road	(860)388-4032	Mon-Wed 11am-3pm Thur,Sun 11am-730pm/Fri,Sat 11am-8pm	Yes	No
Kenny's Pizza	350 Middlesex Turnpike	(860)388-3035	11am-9pm/Sunday Closed	Yes	Local Delivery \$15 minimum
LaMerea	732 Middlesex Turnpike	(860)391-8614	CLOSED	CLOSED	CLOSED
Little Pub	1231 Boston Post Road	(860)339-5591	3pm-8pm Closed Monday & Tuesday	Yes	Door Dash
Liv's Oyster Bar	166 Main Street	(860)395-5577	4pm-8pm Closed Sunday & Monday	Yes	Call for Information
Luigi's	1295 Boston Post Road	(860)388-9190	Pick Up Between 5pm-8pm Credit Only	Yes	No
McDonalds	1061 Boston Post Road	(860)388-6895	8am-10pm Daily	Yes	Uber Eats, Door Dash
Mindy K's	1610 Boston Post Road	(860)399-6427	6am-430pm/Sun 9am-230pm	Yes	No
Mirsina's Restaurant	162 Main Street	(860)388-9706	7am-2pm/Sun 7am-1pm	Yes	Local Delivery/ Shoreline Menus
Monkey Farm	571 Boston Post Road	(860)388-4866	11:30am-8:00pm	Yes	To Essential Busnissess Only

Mystic Market	70 Mill Rock Road	(860)661-5910	9am-6pm/Sun 10am-5pm	Yes	Call for Delivery
Otter Cove Restaurant	99 Essex Road	(860)388-4836	3pm-8pm	Yes	Call for Information
Paperback Café	210 Main Street	(860)388-9718	Open 7-2 Everyday	Open	Take out and Delivery
Parthanon Diner	809 Boston Post Road	(860)395-5111	Open 12-8pm Everyday	Yes	Door Dash
Pasta Vita	225 Elm Street	(860)395-1452	Daily 8am-6pm/Sat 8am-530pm Sun 9am-3pm	Yes	No
Penny Lane Pub	150 Main Street	(860)388-9646	Sun-Thurs 12pm-7pm/Fri-Sat 12pm-8pm	Yes	Shoreline Menu Delivery through Website
Pizza Palace	1283 Boston Post Road	(860)388-4090	10am-8pm Sun-Thurs/10am-9pm Fri & Sat	Yes	Shoreline Menu Delivery through Website
Pizza Works	455 Boston Post Road	(860)388-2218	Mon - Thurs 330pm-730pm Fri & Sat 1130am-8pm/Sun 1130am-730pm	Yes	Door Dash
Pursit of Pastry	709 Boston Post Road	(860)391-8687	Sun: 8am-2pm, Tues-Fri: 8pm-5pm, Sat: 8am-4pm	Yes	Shoreline Menu Delivery through Website
Rosemary and Sage	1080 Boston Post Road	(860)388-1166	3pm-7pm	Yes	Pick Up Only
Saigon City	1315 Boston Post Road	(860)388-6888	12pm-8pm/Closed Mondays	Yes	No
Sals Pizza	29 Spencer Plain Road	(860)399-8331	11am-8pm Tues-Sun/Closed Mondays	Yes	Shoreline Menu Delivery through Website
Samurai Asian Fusion	1596 Boston Post Road	(860)399-1113	12pm-9pm	Yes/Online Ordering	Local Delivery

Saybrook Pizza & Restaurant	1550 Boston Post Road	(860)339-5028	Sun-Thurs 1030am-930pm/ Fri & Sat 1030am-1030pm	Yes	Local Delivery
Saybrook Seafood	843 Boston Post Road	(860)388-4600	9am-6pm	Yes	No
Saybrook Soup & Sandwich Co.	745 Boston Post Road	CLOSED	CLOSED	CLOSED	CLOSED
Shakahari	1458 Boston Post Road	CLOSED	CLOSED	CLOSED	CLOSED
Shayna B's By The Sea	247 Main Street	(860)339-3144	Thurs - Sun 10am-3pm	Yes	Door Dash, Shoreline Menu Delivery through Website
Som Siam	45 Mill Rock Road	CLOSED	CLOSED	CLOSED	CLOSED
Starbucks	15 Main Street	CLOSED	CLOSED	CLOSED	CLOSED
Stop & Shop #688	105 Elm Street	(860)388-6354	6am-730 Seniors Only/ Daily 7:30am-8pm	Yes	No
Subway	535 Boston Post Road	(860)395-0255	9am-5pm Mon-Fri/Sat & Sun 10am-3pm	Yes	No
Sweet Luna's	139 Main Street	CLOSED	CLOSED	CLOSED	CLOSED
Tequila's Authentic Mexican Food	1333 Boston Post Road	(860)391-8091	12pm-8pm	Yes	Door Dash/ imenu360.us
The Tea Kettle Restaurant LLC	1395 Boston Post Road	(860)577-5039	Mon-Thurs 10am- 2pm/Fri-Sun 8am-3pm	Yes	Online Ordering, Local Delivery, Meals To Go
TJ's Restaurant	735 Boston Post Road	(860)388-2400	Sun-Thurs 11am-8pm/Fr& Sat 11am-9pm	Yes	Door Dash Shoreline Menu

Walt's Market	178 Main Street	(860)388-3308	Mon-Fri 10am-5pm/Sat 9am-5pm Sun 9am-1pm	Yes	No
Zhangs	455 Boston Post Road	(860)388-3999	4pm-8:30pm	Yes	No