

Old Saybrook

COVID 19 Community UPDATE #35 – April 19, 2020

The following Community Update is being provided to you from the
Town of Old Saybrook Emergency Operations Center.

The intent of this document is to provide a daily summary of preparedness,
response and other government activities.

Public Safety & Community Information

- The Nation, State, and Town remain under Declared States of Emergency.
- Please take social distancing recommendations seriously. Our lives depend on it!
- The Town's Emergency Operations Center (EOC) remains operational.
- There were no new CONFIRMED cases of COVID-19 today in Old Saybrook!
- Old Saybrook belongs to the Connecticut River Area Health District (CRAHD).
- This includes the Towns of Chester, Clinton, Deep River, Haddam, and Old Saybrook.
- There were no new CONFIRMED cases of COVID-19 today in our Health District!
- These are the current reported Positive Cases according to CRAHD:

- Chester	-	28 Confirmed Cases	5 Deaths
- Clinton	-	28 Confirmed Cases	2 Deaths
- Deep River	-	8 Confirmed Cases	
- Haddam	-	17 Confirmed Cases	
- Old Saybrook	-	19 Confirmed Cases	
- We are very concerned that people are restless and are trying to return to "normal".
- Old Saybrook was VERY busy today with LOTS of people NOT practicing Social Distancing!
- There is only so much we can do.
- You cannot see COVID-19. COVID-19 is HIGHLY Contagious.
- You can have COVID-19 and not display symptoms for many days.
- During that time you can pass COVID-19 to others. Your friends and loved ones.
- COVID-19 is dangerous and deadly for many. Please help us save lives! Stay home!
- We want things to return to normal too! But it's too soon! COVID-19 is still spreading.
- If we scale back our social distancing efforts now, things will get worse.

- WE MUST keep up ALL our efforts to PREVENT Community Spread.
- We will not be successful without you. Please help us save lives! Stay Safe – Stay Home!
- The Governor has ordered, beginning tomorrow at 8 PM, that all persons over the age of two (2) that are not able to maintain six (6) feet of separation (proper social distance) from another person, must cover their mouth and nose with a mask or cloth face covering when in public.
- Persons with a medical condition that prohibit them from wearing a mask, do not have to.
- Your car is not a public place. You do not have to wear a mask when you are driving.
- You MUST wear a mask if you are in a taxi, Uber, Lyft, or using public transportation.
- This is a sign that things will get worse soon – before they get better.
- State Government has never before ordered its' citizens to wear masks. Think about this.....
- We are clearly NOT ready to “reopen” the State if a “Mandatory Mask” order was just issued.
- Store and Restaurant workers will receive guidance soon regarding “Safe Workplace Rules.”
- The Emergency Operations Center is *working on* a Face Mask for all Program for OS Citizens.
- The Governor has ordered the suspension of weekend and weekly rentals of homes.
- The Governor has ordered the restriction of gatherings to no more than five (5) people.
- If you see violations of the Governor’s Orders – please call the Police Department!
- PLEASE “Shop Alone” when going to a store for essential items.
- Stores must limit how many shoppers can be in a store at one time by 50%. It’s now the Law.
- Please be respectful as essential workers in stores & restaurants enforce public health rules.
- Without these professionals, stores/restaurants would not be open. Kindness folks Kindness!
- Follow the Warning Signs that are placed at the entrances to indoor stores/shops.
- If you have flu like symptoms or have been around someone with flu like symptoms DO NOT ENTER A PUBLIC STORE!
- The Governor has extended the closure of all non-essential businesses until at least May 20th
- It is April 19. May 20th is 30 days away! If we want May 20th to be a date to look forward to we MUST adhere to ALL of the Public Health Guidance including Social Distancing.
- Businesses can click the link below for a COVID-19 Business toolkit – updated each day!!
<https://www.oldsaybrookchamber.com/coronavirus-business-toolkit>
- Over 2,850 people are signed up to receive this newsletter! Make sure your family is!
- The Emergency Operations Center is using Facebook, Twitter, Instagram, and Snapchat to connect with residents. Search COVID19OS to find us on your favorite social media platform.
- To help someone receive this Community Update by email – just contact us!

- Please visit the Emergency Management Website all information related to COVID-19.

<https://www.oldsaybrookct.gov/emergency-management>

Public School District

- We are dedicating this section of the Community Update to those who have been working tirelessly to ensure no Old Saybrook Student goes hungry during this Public Health Emergency.
- Each day we share information from the Superintendent on how many children are provided breakfast and lunch each day for free. The work they are doing is simply amazing.
- Thank you to all who are organizing, administrating, coordinating, creating, cooking, and handing out meals each day to our students. You are very much appreciated. Thank you!!
- Meals will once again be available tomorrow. Same time – same places!
- “Virtual Learning” begins again tomorrow! (Get some rest tonight kids!)

Public Health

- It is extremely important that EVERYONE takes this Public Health Emergency seriously!
- People with COVID-19 who have stayed home (home isolated) can stop home isolation (leave their homes) and be safe out in the community under the following conditions:

ALL THREE CONDITIONS MUST BE MET:

- ▲ They have had no fever for at least 72 hours, **AND.....**
(That is three (3) full days of no fever, without the use of fever reducing medicine)
- ▲ Their other symptoms have improved, **AND.....**
(When their cough or shortness of breath has improved)
- ▲ Seven (7) days have passed since their symptoms first appeared.
- **In all cases**, follow the guidance of your healthcare provider and local health department.
- The decision to stop home isolation should be made in consultation with your healthcare provider and state and local health departments.
- Restaurants **MUST** close their outdoor eating areas to the public.
- **DO NOT** go out into the public if you have a fever or flu like symptoms.
- We have **NOT** reached the “peak” yet. **PLEASE** Stay Home and Stay **SAFE**!

Municipal Government Operations

- The Town Hall will be **OPEN** tomorrow. Assistance is available by appointment.
- If you needed a building or zoning permit before the pandemic, you still need one now!
- In need of general “Town Hall” assistance? Contact the First Selectman. 860-395-3123.
- Businesses may **ONLY** operate under their current zoning and public health permits.
- Violating the rules can result in fines, sanctions, or closure. (Don’t make us do that!)
- The Presidential Primary, by order of the Governor, will now be on August 11, 2020.

Social Services / Youth and Family Services

- Social Services Appointments will be conducted by phone, Call Sue Consoli 860-395-3188.
- In case of job loss caused by COVID-19 please visit the State's Department of Labor page at:
<http://www.ctdol.state.ct.us/UI-online/index.htm>
- Youth and Family Services Counselors are providing tele-counseling services.
- For Behavioral Health Support contact Director Heather McNeil 860-510-5042.
- Other services are available by contacting 211.

Good News!!

~~~~~ CONTEST ~~~~~

BRING SMILES, JOY & COMFORT

TO THE RESIDENTS AT GLADEVIEW & APPLE REHAB!!!

- The residents of Gladeview Health Care and Apple Rehab are NOT allowed visitors.
- We want to help their care givers and families provide smiles, joy, & comfort!
- PLEASE draw a colorful picture, write a nice note, be creative! (WE NEED MORE - **PLEASE!!**)
- Send us a picture (*or scan it if your savvy*) we will print it and deliver it in a sanitized package!
- Submit your entry to Fun@OldSaybrookPolice.com
- Yes....you can drop it off at the Police Department – BUT ONLY – if you are going out anyway for an essential item. Remember Stay Home – Stay Safe!
- Walmart is **HIRING!!** In need of a job, want to make some extra money? They're hiring now!
- Got Good News? Send it to us! We'd love to share.
- Be safe. Keep Smiling. We will get through this!



**ONE COMMUNITY.
ONE TEAM.**

Old Saybrook

Emergency Operations Center

To Help Us Bring Smiles, Joy, and Comfort to the Residents of Gladeview Health Care and Apple Rehab.....

The Old Saybrook Emergency Operations Center is sponsoring a:

Bring Smiles, Joy, & Comfort Contest!

Write a Nice Note...

Draw a Picture....

Make it Colorful!

Be Creative!

Take a Photo!

Send it to us!

***We will print all
submissions
& deliver them in a
sanitized package to
our friends that
need a smile!***



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Draw a Picture....

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need a smile!***

There are 200 elderly residents of these facilities that cannot have visitors! No family visits! Let's help their caregivers & families make their days not so lonely...Let's give them a SMILE!

Entries are due by Wednesday, April 22, 2020 at noon!

Send your Submissions to:

Fun@OldSaybrookPolice.com

If the links don't work on your device....

Please visit our social media sites by searching COVID19OS

Winning families will receive a pizza on Wednesday for Dinner!