

# Old Saybrook

## ***COVID 19 Community UPDATE #34 – April 18, 2020***

The following Community Update is being provided to you from the  
Town of Old Saybrook Emergency Operations Center.

The intent of this document is to provide a daily summary of preparedness,  
response and other government activities.

### **Public Safety & Community Information**

- The Nation, State, and Town remain under Declared States of Emergency.
- Please take social distancing recommendations seriously. Our lives depend on it!
- The Town's Emergency Operations Center (EOC) remains operational.
- There were two (2) new CONFIRMED cases of COVID-19 today in Old Saybrook.
- Now is NOT the time to stop all of our proactive measures. We must follow the guidance!
- Public Health Officials advise Connecticut is entering the peak of the COVID-19 Outbreak.
- We are very concerned about EVERYONE's Health.
- It is predicted that Middlesex County's "peak" may be around April 22, 2020. It is April 18<sup>th</sup>.
- Your actions WILL affect someone else's health. Let's keep everyone healthy!
- Old Saybrook belongs to the Connecticut River Area Health District (CRAHD).
- This includes the Towns of Chester, Clinton, Deep River, Haddam, and Old Saybrook.
- These are the current reported Positive Cases according to CRAHD:

-	Chester	-	28 Confirmed Cases	5 Deaths
-	Clinton	-	28 Confirmed Cases	2 Deaths
-	Deep River	-	8 Confirmed Cases	
-	Haddam	-	17 Confirmed Cases	
-	Old Saybrook	-	19 Confirmed Cases	
- We are very concerned that people are restless and are trying to return to "normal".
- It is TOO SOON! If we scale back our social distancing efforts now, things will get worse.
- WE MUST keep up ALL our efforts to PREVENT Community Spread.

- We will not be successful without you. Please help us save lives! Stay Safe – Stay Home!
- If you do not *need* to go out - STAY HOME!!
- The Governor has ordered, beginning on Monday at 8 PM, that all persons over the age of two (2) that are not able to maintain six (6) feet of separation (proper social distance) from another person, must cover their mouth and nose with a mask or cloth face covering when in a public place.
- Persons with a medical condition that prohibit them from wearing a mask, do not have to wear a mask.
- Store and Restaurant workers will receive guidance soon from the Commissioner of Economic and Community Development regarding “Safe Workplace Rules.”
- The Emergency Operations Center is *working on* a Face Mask for all Program for OS Citizens.
- We are clearly NOT ready to “reopen” the State if a “Mandatory Mask” order was just issued.
- Practice Social Distancing – Not doing so is selfish! – We can keep each other SAFE!
- When choosing to “get some fresh air” try to stay home on your own property.
- The Governor has ordered the suspension of weekend and weekly rentals of homes.
- The Governor has ordered the restriction of gatherings to no more than five (5) people.
- If you see violations of the Governor’s Orders – please call the Police Department!
- PLEASE “Shop Alone” when going to a store for essential items.
- Stores must limit how many shoppers can be in a store at one time by 50%. It’s now the Law.
- Please be respectful as essential workers in stores & restaurants enforce public health rules.
- Without these professionals, stores/restaurants would not be open. Kindness folks Kindness!
- Follow the Warning Signs that are placed at the entrances to indoor stores/shops.
- If you have flu like symptoms or have been around someone with flu like symptoms DO NOT ENTER A PUBLIC STORE!
- The Governor has extended the closure of all non-essential businesses until at least May 20<sup>th</sup>
- It is April 18. May 20<sup>th</sup> is 31 days away! If we want May 20<sup>th</sup> to be a date to look forward to we MUST adhere to ALL of the Public Health Guidance including Social Distancing.
- The Town is very supportive of our local businesses!
- A conference call for businesses was held today. It was very successful.
- Businesses can click the link below for a COVID-19 Business toolkit – updated each day!!  
<https://www.oldsaybrookchamber.com/coronavirus-business-toolkit>

- The Emergency Operations Center is using Facebook, Twitter, Instagram, and Snapchat to connect with residents. Search COVID19OS to find us on your favorite social media platform.
- Over 2,850 people are signed up to receive this newsletter! Make sure your family is!
- If you know of someone that does not have a smart phone and wishes to receive this Community Update by email – just contact us! We will make that happen!
- Please visit the Emergency Management Website as your sole local online source of all information related to the COVID-19 Public Health Emergency.

<https://www.oldsaybrookct.gov/emergency-management>

### Public School District

- We are dedicating this section of the Community Update to those who have been working tirelessly to ensure no Old Saybrook Student goes hungry during this Public Health Emergency.
- Each day we share information from the Superintendent on how many children are provided breakfast and lunch each day for free. The work they are doing is simply amazing.
- Thank you to all who are organizing, administrating, coordinating, creating, cooking, and handing out meals each day to our students. You are very much appreciated. Thank you!!

### Public Health

- It is extremely important that EVERYONE takes this Public Health Emergency seriously!
- People with COVID-19 who have stayed home (home isolated) can stop home isolation (leave their homes) and be safe out in the community under the following conditions:

#### ALL THREE CONDITIONS MUST BE MET:

- ▲ They have had no fever for at least 72 hours, **AND.....**  
*(That is three (3) full days of no fever, without the use of fever reducing medicine)*
  - ▲ Their other symptoms have improved, **AND.....**  
*(When their cough or shortness of breath has improved)*
  - ▲ Seven (7) days have passed since their symptoms first appeared.
- **In all cases**, follow the guidance of your healthcare provider and local health department.
  - The decision to stop home isolation should be made in consultation with your healthcare provider and state and local health departments.
  - **DO NOT** go out into the public if you have a fever or flu like symptoms.
  - COVID-19 is **HIGHLY** Contagious. If you have flu like symptoms **STAY HOME!!**
  - We have **NOT** reached the “peak” yet. **PLEASE** Stay Home and Stay **SAFE!**

## Municipal Government Operations

- The Presidential Primary, by order of the Governor, will now be on August 11, 2020.
- YOUR actions can help prevent community spread. Please choose to help.
- **Practice social distancing. Maintain six (6) feet from other people.**
- The Children's Library is reading books online!

<https://www.youtube.com/channel/UC4wnLS6ZeORHkr3h3YzIX9A>

## Social Services / Youth and Family Services

- Social Services Appointments will be conducted by phone, Call Sue Consoli 860-395-3188.
- In case of job loss caused by COVID-19 please visit the State's Department of Labor page at:  
<http://www.ctdol.state.ct.us/UI-online/index.htm>
- Youth and Family Services Counselors are providing tele-counseling services.
- For Behavioral Health Support contact Director Heather McNeil 860-510-5042.
- Other services are available by contacting 211.

## Good News!!

### ~~~~~ CONTEST ~~~~~

### BRING SMILES, JOY & COMFORT

### TO THE RESIDENTS AT GLADEVIEW & APPLE REHAB!!!

- The residents of Gladeview Health Care and Apple Rehab are NOT allowed visitors.
- We want to help their care givers and families provide smiles, joy, & comfort!
- PLEASE draw a colorful picture, write a nice note, be creative! (WE NEED MORE !!)
- Send us a picture (*or scan it if your savvy*) we will print it and deliver it in a sanitized package!
- Submit your entry to [Fun@OldSaybrookPolice.com](mailto:Fun@OldSaybrookPolice.com)
- Yes....you can drop it off at the Police Department – BUT ONLY – if you are going out anyway for an essential item. Remember Stay Home – Stay Safe!
- Walmart is HIRING!! In need of a job, want to make some extra money? They're hiring now!
- Got Good News? Send it to us! We'd love to share.
- Be safe. Keep Smiling. We will get through this!



**ONE COMMUNITY.  
ONE TEAM.**

	Address	Phone #	Hours	Take Out	Delivery Service
AFC Sushi @ Big Y 58	28 Spencer Plain Road	(860)395-0511	8am-8pm	Yes	No
Alforno's	1654 Boston Post Road	(860)399-4166	Lunch: 12pm-230pm, Sun-Thurs 5-8 Fri-Sat 5-9	Yes	Door Dash
Ashlawn Farm Store LLC	454 Boston Post Road	(860)339-5663	Online Orders Only with Thursday 11-2 Curbside Pickup	Yes	Whole Sale Delivery
Aspen Restaurant	2 Main Street	CLOSED	CLOSED	CLOSED	CLOSED
Atlantic Seafood	1400 Boston Post Rd.	(860)388-4527	9am-4pm Daily/Fri& Sat 9am-6pm	Yes	No
Ben & Jerry's	19 Main Street	CLOSED	CLOSED	CLOSED	CLOSED
Big Y	28 Spencer Plain Road	(860)395-0511	8am-8pm	Yes	No
Burger King	607 Boston Post Road	(860)388-5255	7am-8pm	Yes	No
Café Toscana	25 Main Street	(860)388-1270	7am-330pm	Yes	No
Caffe Marche	2 Pennywise Lane	CLOSED	CLOSED	CLOSED	CLOSED
Cloud 9	256 Boston Post Road	CLOSED	CLOSED	CLOSED	CLOSED
Comfort Café	90 Essex Road	CLOSED	CLOSED	CLOSED	CLOSED

Courtyard	105 Elm Street	(860)388-1821	6am-2pm	Yes	Local Delivery
Cuckoo's Nest	1712 Boston Post Road	(860)399-8189	4pm-8pm/Sundays 1pm-5pm	Yes	Shoreline Menu Delivery through Website
Dagmar's Desserts	75 Main Street	(860)661-4661	Tues-Sat 10am-2pm/Closed Sun & Mon	Yes	Shoreline Menu Delivery through Website
Dairy Queen	1370 Boston Post Road	CLOSED	CLOSED	CLOSED	CLOSED
Dunkin Donuts	923B Boston Post Road	(860)388-9121	4am-10pm	Yes	No
Dunkin Donuts II	1635 Boston Post Road	(860)399-0025	5am-5pm	Yes	No
Estuary Council	220 Main Street	(860)388-1611	Café Lunches Take Out Only Meals on Wheels	Yes	Meals on Wheels
Fenwick Ice Cream	910 Boston Post Road	(860)388-4032	Mon-Wed 11am-3pm/ Thur, Sun 11am-730pm/Fri,Sat 11am-8pm	Yes	No
Fiore	210 Main Street	(860)388-2699	11am-9pm	Yes	Local Delivery
Five Guys	28 Spencer Plain Road	(860)391-8602	11am-8pm	Yes	Door Dash, Online Orders, Uber Eats
Fresh Salt (Saybrook Point Inn)	2 Bridge Street	(860)388-1111	Thursday & Friday 4pm-9pm Sat & Sun 12pm-9pm	Yes	Shoreline Menus
Fromage	873 Boston Post Road	(860)388-5750	Mon-Fri: 10am-4pm/Sat: 9am-4pm Closed Sunday	Yes	No
Golden Garden	210 Main Street	(860)395-0888	CLOSED	CLOSED	CLOSED

Himalaya Café	1456 Boston Post Road	(860)577-5300	Mon,Wed, Thurs 430-8pm/Tues Closed Fri,Sat 5-9pm/Sun 430pm-8pm	Yes	No
Jack Rabbits	254 Main Street	(860)510-0048	11am-8pm	Yes	Local Delivery
Jakes Wayback Burgers	1657 Boston Post Road	(860)391-8475	1030am-9pm	Yes	Door Dash, Uber Eats
Johnny Ad's	910 Boston Post Road	(860)388-4032	Mon-Wed 11am-3pm Thur,Sun 11am-730pm/Fri,Sat 11am-8pm	Yes	No
Kenny's Pizza	350 Middlesex Turnpike	(860)388-3035	11am-9pm/Sunday Closed	Yes	Local Delivery \$15 minimum
LaMerea	732 Middlesex Turnpike	(860)391-8614	CLOSED	CLOSED	CLOSED
Little Pub	1231 Boston Post Road	(860) 339-5591	3pm-8pm	Yes	Door Dash
Liv's Oyster Bar	166 Main Street	(860)395-5577	4pm-8pm	Yes	Call for Information
Luigi's	1295 Boston Post Road	(860)388-9190	Pick Up Between 5pm-8pm Credit Only	Yes	No
McDonalds	1061 Boston Post Road	(860)388-6895	24 Hours	Yes	Uber Eats, Door Dash
Mindy K's	1610 Boston Post Road	(860)399-6427	6am-430pm/Sun 9am-230pm	Yes	No
Mirsina's Restaurant	162 Main Street	(860)388-9706	7am-2pm/Sun 7am-1pm	Yes	Local Delivery/ Shoreline Menus
Monkey Farm	571 Boston Post Road	CLOSED	CLOSED	CLOSED	CLOSED

Mystic Market	70 Mill Rock Road	(860)661-5910	9am-6pm/Sun 10am-5pm	Yes	Call for Delivery
Otter Cove Restaurant	99 Essex Road	(860)388-4836	3pm-8pm	Yes	Call for Information
Paperback Café	210 Main Street	(860)388-9718	Open 7-2 Everyday	Open	Take out and Delivery
Parthanon Diner	809 Boston Post Road	CLOSED	CLOSED	CLOSED	CLOSED
Pasta Vita	225 Elm Street	(860)395-1452	Daily 8am-6pm/Sat 8am-530pm Sun 9am-3pm	Yes	No
Penny Lane Pub	150 Main Street	(860)388-9646	Mon-Thurs 12pm-7pm/Fri-Sat 12pm-8pm	Yes	Shoreline Menu Delivery through Website
Pizza Palace	1283 Boston Post Road	(860)388-4090	10-8pm Sun-Thurs/10am-9pm Fri & Sat	Yes	Shoreline Menu Delivery through Website
Pizza Works	455 Boston Post Road	(860)388-2218	Mon - Thurs 330pm-730pm Fri & Sat 1130am-8pm/Sun 1130am-730pm	Yes	Door Dash
Pursit of Pastry	709 Boston Post Road	(860)391-8687	Sun: 8am-2pm, Tues-Fri: 8pm-5pm, Sat: 8am-4pm	Yes	Shoreline Menu Delivery through Website
Rosemary and Sage	1080 Boston Post Road	(860)388-1166	3pm-7pm	Yes	Pick Up Only
Saigon City	1315 Boston Post Road	(860)388-6888	12pm-8pm/Closed Mondays	Yes	No
Sals Pizza	29 Spencer Plain Road	(860)399-8331	11am-8pm Tues-Sun/Closed Mondays	Yes	Shoreline Menu Delivery through Website
Samurai Asian Fusion	1596 Boston Post Road	(860)399-1113	12pm-9pm	Yes/Online Ordering	Local Delivery



Saybrook Pizza & Restaurant	1550 Boston Post Road	(860)339-5028	Sun-Thurs 1030am-930pm/Fri & Sat 1030am-1030pm	Yes	Local Delivery
Saybrook Seafood	843 Boston Post Road	(860)388-4600	9am-6pm	Yes	No
Saybrook Soup & Sandwich Co.	745 Boston Post Road	(860)395-3000	Closed Monday/Tues-Sat 10am-6pm Sunday 10am-3pm	Yes/Online Ordering	Door Dash, Local Delivery Through Business
Shakahari	1458 Boston Post Road	CLOSED	CLOSED	CLOSED	CLOSED
Shayna B's By The Sea	247 Main Street	(860)339-3144	Thurs - Sun 10am-3pm	Yes	Door Dash, Shoreline Menu Delivery through Website
Som Siam	45 Mill Rock Road	CLOSED	CLOSED	CLOSED	CLOSED
Starbucks	15 Main Street	CLOSED	CLOSED	CLOSED	CLOSED
Stop & Shop #688	105 Elm Street	(860)388-6354	6am-730 Seniors Only/Daily 7:30am-8pm	Yes	No
Subway	535 Boston Post Road	(860)395-0255	9am-5pm Mon-Fri/Sat & Sun 10am-3pm	Yes	No
Sweet Luna's	139 Main Street	CLOSED	CLOSED	CLOSED	CLOSED
Tequila's Authentic Mexican Food	1333 Boston Post Road	(860)391-8091	12pm-8pm	Yes	Door Dash/ imenu360.us
The Tea Kettle Restaurant LLC	1395 Boston Post Road	(860)577-5039	Mon-Thurs 10am- 2pm/Fri-Sun 8am-3pm	Yes	Online Ordering, Local Delivery, Meals To Go
TJ's Restaurant	735 Boston Post Road	(860)388-2400	Sun-Thurs 11am-8pm/Fri& Sat 11am-9pm	Yes	Local Delivery

Walt's Market	178 Main Street	(860)388-3308	Mon-Fri 10am-5pm/Sat 9am-5pm Sun 9am-1pm	Yes	No
Zhangs	455 Boston Post Road	(860)388-3999	4pm-8:30pm	Yes	No

Old Saybrook	Address	Phone #	Hours
Atlantic Seafood	1400 Boston Post Road	(860)388-4527	Daily 10am-4pm/ Fri & Sat 10am-6pm
Big Y	22 Spencer Plain Road	(860)395-0511	<b>7am-8am Seniors Only</b> Daily 8am-8pm
CVS	519 Boston Post Road	(860)388-1145	Monday- Friday 7am-9pm Saturday & Sunday 8am-8pm
Dollar Tree	907 Boston Post Road	(860)577-7336	Daily 9am-8pm
Exxon Mercury	602 Boston Post Road	(860)388-1667	Daily 6am-8pm/Sun 7am-8pm
Food Bag	1652 Boston Post Road	(860)399-9050	Daily 6am-8pm
Food Works	940 Boston Post Road	(860)395-0770	Daily 10am-4pm <b>CLOSED TO FOOT TRAFFIC</b> Phone & Email Orders: osb@foodworksnaturalmarket.com
Fromage	873 Boston Post Road	(860)388-5750	Mon-Fri 10am-4pm/Sat 9am-4pm Closed Sundays
Henny Penny	585 Boston Post Road	(860)388-0559	Daily 6am-8pm
Henny Penny	1090 Boston Post Road	(860)388-5322	Daily 6am-8pm
Ocean State Job Lot	901 Boston Post Road	(860)395-2017	Daily 9am-7pm
River Mart	239 Main Street	(860)388-1158	Daily 7am-8pm

Sam's Food Store	685 Boston Post Road	(860)388-5369	Daily 6am-10pm
Saybrook Seafood	843 Boston Post Road	(860)388-4600	Daily 9am-6pm
Stop & Shop	105 Elm Street	(860)388-6354	<b>630am-730 am Senior Only</b> Daily 730am-8pm
Walmart	665 Boston Post Road	(860)388-0584	<b>SENIORS ONLY Tues 6am-7am</b> <b>First Responders Weds 6am-7am</b> Daily 7am-830pm/Sun 8am-830pm
Walts Food Market	178 Main Street	(860)388-3308	Mon-Fri 10am-5pm Sat 9am-5pm/Sun 9am-1pm

# **Old Saybrook**

## **Emergency Operations Center**

***To Help Us Bring Smiles, Joy, and Comfort to the Residents of Gladeview Health Care and Apple Rehab.....***

***The Old Saybrook Emergency Operations Center is sponsoring a:***

### ***Bring Smiles, Joy, & Comfort Contest!***

***Write a Nice Note...***

***Draw a Picture....***

***Make it Colorful!***

***Be Creative!***

***Take a Photo!***

***Send it to us!***

***We will print all  
submissions  
& deliver them in a  
sanitized package to  
our friends that  
need a smile!***



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submissions  
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need a smile!***

**There are 200 elderly residents of these facilities that cannot have visitors! No family visits! Let's help their caregivers & families make their days not so lonely...Let's give them a SMILE!**

**Entries are due by Wednesday, April 22, 2020 at noon!**

***Send your Submissions to:***

**[Fun@OldSaybrookPolice.com](mailto:Fun@OldSaybrookPolice.com)**

**If the links don't work on your device....**

**Please visit our social media sites by searching COVID19OS**

**Winning families will receive a pizza on Wednesday for Dinner!**