

# Old Saybrook

## ***COVID 19 Community UPDATE #33 – April 17, 2020***

The following Community Update is being provided to you from the  
Town of Old Saybrook Emergency Operations Center.

The intent of this document is to provide a daily summary of preparedness,  
response and other government activities.

### **Public Safety & Community Information**

- The Nation, State, and Town remain under Declared States of Emergency.
- Please take social distancing recommendations seriously. Our lives depend on it!
- The Town's Emergency Operations Center (EOC) remains operational.
- Once again - there are NO new CONFIRMED cases of COVID-19 today in Old Saybrook!
- There could many explanations for this – one being Social Distancing is Working – Thank you!
- Now is NOT the time to stop all of our proactive measures. We must follow the guidance!
- We have some time to go yet..... Stay Home – Stay Safe
- Your actions affect someone else's health. Let's keep everyone healthy!
- Old Saybrook belongs to the Connecticut River Area Health District (CRAHD).
- This includes the Towns of Chester, Clinton, Deep River, Haddam, and Old Saybrook.
- These are the current reported Positive Cases according to CRAHD:

-	Chester	-	27 Confirmed Cases	5 Deaths
-	Clinton	-	24 Confirmed Cases	2 Deaths
-	Deep River	-	8 Confirmed Cases	
-	Haddam	-	14 Confirmed Cases	
-	Old Saybrook	-	17 Confirmed Cases	
- Public Health Officials advise Connecticut is entering the peak of the COVID-19 Outbreak.
- We are very concerned about EVERYONE's Health over the next two (2) – three (3) weeks.
- It is predicted that Middlesex County's "peak" may be around April 22, 2020. It is April 17<sup>th</sup>.
- If we continue to work together, we WILL keep Old Saybrook's Curve FLAT! We can do this!

- We are very concerned that people will get restless and try to return to “normal” too soon.
- We MUST not do that! WE MUST keep up ALL our efforts to PREVENT Community Spread.
- If we scale back or stop our social distancing efforts now, things will get worse.
- We will not be successful without you. Please help us save lives! Stay Safe – Stay Home!
- If you do not *need* to go out - STAY HOME!!
- When choosing to “get some fresh air” try to stay home on your own property.
- Practice Social Distancing – Not doing so is selfish! – We can keep each other SAFE!
- The Governor has ordered the suspension of weekend and weekly rentals of homes.
- The Governor has ordered the restriction of gatherings to no more than five (5) people.
- If you see violations of the Governor’s Order – please call the Police Department!
- PLEASE “Shop Alone” when going to a store for essential items.
- Stores must limit how many shoppers can be in a store at one time by 50%. It’s now the Law.
- We have reports of people being rude to clerks that are enforcing the Governor’s Orders.
- Store clerks are essential workers. They are not police officers. They did not take their jobs at WalMart, Stop & Shop, Big Y and Ocean State Job Lot with the intention of enforcing Public Health and Emergency Orders from the Governor. Be nice people!!
- Without these professionals, stores would not be open. Kindness goes a long way!
- Follow the Warning Signs that are placed at the entrances to indoor stores/shops.
- If you have flu like symptoms or have been around someone with flu like symptoms DO NOT ENTER A PUBLIC STORE!
- The Governor has extended the closure of all non-essential businesses until at least May 20<sup>th</sup>
- The Town is very supportive of our local businesses!
- A conference call for businesses is scheduled for tomorrow at 10 AM.
- Information to participate in the call can be found here: <https://www.oldsaybrookchamber.com/>
- Businesses can click the link below for a COVID-19 Business toolkit – updated each day!!  
<https://www.oldsaybrookchamber.com/coronavirus-business-toolkit>
- The Emergency Operations Center is using Facebook, Twitter, Instagram, and Snapchat to connect with residents. Search COVID19OS to find us on your favorite social media platform.
- Over 2,800 people are signed up to receive this newsletter! Make sure your family is!
- If you know of someone that does not have a smart phone and wishes to receive this Community Update by email – just contact us! We will make that happen!

- Please visit the Emergency Management Website as your sole local online source of all information related to the COVID-19 Public Health Emergency.

<https://www.oldsaybrookct.gov/emergency-management>

### Public School District

- Distance Learning continues on Monday! Enjoy the weekend!
- Thank you to our teachers, parents, and kids for making this a success!
- 393 students were provided meals (breakfast and lunch) for the weekend today!
- The OSPA website is being updated for parents and students daily.

<https://www.oldsaybrookschoools.org/>

### Public Health

- It is extremely important that EVERYONE takes this Public Health Emergency seriously!
- Public Health Inspectors ARE checking on businesses – we must all stay safe!
- People with COVID-19 who have stayed home (home isolated) can stop home isolation (leave their homes) and be safe out in the community under the following conditions:

#### ALL THREE CONDITIONS MUST BE MET:

- ▲ They have had no fever for at least 72 hours, **AND.....**  
*(That is three (3) full days of no fever, without the use of fever reducing medicine)*
- ▲ Their other symptoms have improved, **AND.....**  
*(When their cough or shortness of breath has improved)*
- ▲ Seven (7) days have passed since their symptoms first appeared.

- **In all cases**, follow the guidance of your healthcare provider and local health department.
- The decision to stop home isolation should be made in consultation with your healthcare provider and state and local health departments.
- DO NOT go out into the public if you have a fever or flu like symptoms.
- COVID-19 is HIGHLY Contagious. If you have flu like symptoms STAY HOME!!
- We have NOT reached the “peak” yet. PLEASE Stay Home and Stay SAFE!
- The CDC has a COVID-19 “Self Checker”.

Click the link: <https://www.cdc.gov/coronavirus/2019-nCoV/index.html>

- Playscapes will be sanitized three times a week.
- **Practice social distancing. Maintain six (6) feet from other people.**

## Municipal Government Operations

- The Transfer Station will be OPEN normal hours tomorrow.
- YOUR actions can help prevent community spread. Please choose to help.
- The Children's Library is reading books online!

<https://www.youtube.com/channel/UC4wnLS6ZeORHkr3h3YzIX9A>

## Social Services / Youth and Family Services

- Social Services Appointments will be conducted by phone, Call Sue Consoli 860-395-3188.
- In case of job loss caused by COVID-19 please visit the State's Department of Labor page at:  
<http://www.ctdol.state.ct.us/UI-online/index.htm>
- Youth and Family Services Counselors are providing tele-counseling services.
- For Behavioral Health Support contact Director Heather McNeil 860-510-5042.
- Other services are available by contacting 211.

## Good News!!

### ~~~~~ CONTEST ~~~~~

### BRING SMILES, JOY & COMFORT

### TO THE RESIDENTS AT GLADEVIEW & APPLE REHAB!!!

- The residents of Gladeview Health Care and Apple Rehab are NOT allowed visitors.
- We want to help their care givers and families provide smiles, joy, & comfort!
- PLEASE draw a colorful picture, write a nice note, be creative!
- Send us a picture (*or scan it if your savvy*) we will print it and deliver it in a sanitized package!
- Submit your entry to [Fun@OldSaybrookPolice.com](mailto:Fun@OldSaybrookPolice.com)
- Yes....you can drop it off at the Police Department – BUT ONLY – if you are going out anyway for an essential item. Remember Stay Home – Stay Safe!
- Walmart is HIRING!! In need of a job, want to make some extra money? They're hiring now!
- Got Good News? Send it to us! We'd love to share.
- Be safe. Keep Smiling. We will get through this!



**ONE COMMUNITY.  
ONE TEAM.**

	Address	Phone #	Hours	Take Out	Delivery Service
AFC Sushi @ Big Y 58	28 Spencer Plain Road	(860)395-0511	8am-8pm	Yes	No
Alforno's	1654 Boston Post Road	(860)399-4166	Lunch: 12pm-230pm, Sun-Thurs 5-8 Fri-Sat 5-9	Yes	Door Dash
Ashlawn Farm Store LLC	454 Boston Post Road	(860)339-5663	Online Orders Only with Thursday 11-2 Curbside Pickup	Yes	Whole Sale Delivery
Aspen Restaurant	2 Main Street	CLOSED	CLOSED	CLOSED	CLOSED
Atlantic Seafood	1400 Boston Post Rd.	(860)388-4527	9am-4pm Daily/Fri& Sat 9am-6pm	Yes	No
Ben & Jerry's	19 Main Street	CLOSED	CLOSED	CLOSED	CLOSED
Big Y	28 Spencer Plain Road	(860)395-0511	8am-8pm	Yes	No
Burger King	607 Boston Post Road	(860)388-5255	7am-8pm	Yes	No
Café Toscana	25 Main Street	(860)388-1270	7am-330pm	Yes	No
Caffe Marche	2 Pennywise Lane	CLOSED	CLOSED	CLOSED	CLOSED
Cloud 9	256 Boston Post Road	CLOSED	CLOSED	CLOSED	CLOSED
Comfort Café	90 Essex Road	CLOSED	CLOSED	CLOSED	CLOSED

Courtyard	105 Elm Street	(860)388-1821	6am-2pm	Yes	Local Delivery
Cuckoo's Nest	1712 Boston Post Road	(860)399-8189	4pm-8pm/Sundays 1pm-5pm	Yes	Shoreline Menu Delivery through Website
Dagmar's Desserts	75 Main Street	(860)661-4661	Tues-Sat 10am-2pm/Closed Sun & Mon	Yes	Shoreline Menu Delivery through Website
Dairy Queen	1370 Boston Post Road	CLOSED	CLOSED	CLOSED	CLOSED
Dunkin Donuts	923B Boston Post Road	(860)388-9121	4am-10pm	Yes	No
Dunkin Donuts II	1635 Boston Post Road	(860)399-0025	5am-5pm	Yes	No
Estuary Council	220 Main Street	(860)388-1611	Café Lunches Take Out Only Meals on Wheels	Yes	Meals on Wheels
Fenwick Ice Cream	910 Boston Post Road	(860)388-4032	Mon-Wed 11am-3pm/ Thur, Sun 11am-730pm/Fri,Sat 11am-8pm	Yes	No
Fiore	210 Main Street	(860)388-2699	11am-9pm	Yes	Local Delivery
Five Guys	28 Spencer Plain Road	(860)391-8602	11am-8pm	Yes	Door Dash, Online Orders, Uber Eats
Fresh Salt (Saybrook Point Inn)	2 Bridge Street	(860)388-1111	Thursday & Friday 4pm-9pm Sat & Sun 12pm-9pm	Yes	Shoreline Menus
Fromage	873 Boston Post Road	(860)388-5750	Mon-Fri: 10am-4pm/Sat: 9am-4pm Closed Sunday	Yes	No
Golden Garden	210 Main Street	(860)395-0888	CLOSED	CLOSED	CLOSED

Himalaya Café	1456 Boston Post Road	(860)577-5300	Mon,Wed, Thurs 430-8pm/Tues Closed Fri,Sat 5-9pm/Sun 430pm-8pm	Yes	No
Jack Rabbits	254 Main Street	(860)510-0048	11am-8pm	Yes	Local Delivery
Jakes Wayback Burgers	1657 Boston Post Road	(860)391-8475	1030am-9pm	Yes	Door Dash, Uber Eats
Johnny Ad's	910 Boston Post Road	(860)388-4032	Mon-Wed 11am-3pm Thur,Sun 11am-730pm/Fri,Sat 11am-8pm	Yes	No
Kenny's Pizza	350 Middlesex Turnpike	(860)388-3035	11am-9pm/Sunday Closed	Yes	Local Delivery \$15 minimum
LaMerea	732 Middlesex Turnpike	(860)391-8614	CLOSED	CLOSED	CLOSED
Little Pub	1231 Boston Post Road	(860) 339- 5591	3pm-8pm	Yes	Door Dash
Liv's Oyster Bar	166 Main Street	(860)395-5577	4pm-8pm	Yes	Call for Information
Luigi's	1295 Boston Post Road	(860)388-9190	Pick Up Between 5pm-8pm Credit Only	Yes	No
McDonalds	1061 Boston Post Road	(860)388-6895	24 Hours	Yes	Uber Eats, Door Dash
Mindy K's	1610 Boston Post Road	(860)399-6427	6am-430pm/Sun 9am-230pm	Yes	No
Mirsina's Restaurant	162 Main Street	(860)388-9706	7am-2pm/Sun 7am-1pm	Yes	Local Delivery/ Shoreline Menus
Monkey Farm	571 Boston Post Road	CLOSED	CLOSED	CLOSED	CLOSED

Mystic Market	70 Mill Rock Road	(860)661-5910	9am-6pm/Sun 10am-5pm	Yes	Call for Delivery
Otter Cove Restaurant	99 Essex Road	(860)388-4836	3pm-8pm	Yes	Call for Information
Paperback Café	210 Main Street	(860)388-9718	Open 7-2 Everyday	Open	Take out and Delivery
Parthanon Diner	809 Boston Post Road	CLOSED	CLOSED	CLOSED	CLOSED
Pasta Vita	225 Elm Street	(860)395-1452	Daily 8am-6pm/Sat 8am-530pm Sun 9am-3pm	Yes	No
Penny Lane Pub	150 Main Street	(860)388-9646	Mon-Thurs 12pm-7pm/Fri-Sat 12pm-8pm	Yes	Shoreline Menu Delivery through Website
Pizza Palace	1283 Boston Post Road	(860)388-4090	10-8pm Sun-Thurs/10am-9pm Fri & Sat	Yes	Shoreline Menu Delivery through Website
Pizza Works	455 Boston Post Road	(860)388-2218	Mon - Thurs 330pm-730pm Fri & Sat 1130am-8pm/Sun 1130am-730pm	Yes	Door Dash
Pursit of Pastry	709 Boston Post Road	(860)391-8687	Sun: 8am-2pm, Tues-Fri: 8pm-5pm, Sat: 8am-4pm	Yes	Shoreline Menu Delivery through Website
Rosemary and Sage	1080 Boston Post Road	(860)388-1166	3pm-7pm	Yes	Pick Up Only
Saigon City	1315 Boston Post Road	(860)388-6888	12pm-8pm/Closed Mondays	Yes	No
Sals Pizza	29 Spencer Plain Road	(860)399-8331	11am-8pm Tues-Sun/Closed Mondays	Yes	Shoreline Menu Delivery through Website
Samurai Asian Fusion	1596 Boston Post Road	(860)399-1113	12pm-9pm	Yes/Online Ordering	Local Delivery



Saybrook Pizza & Restaurant	1550 Boston Post Road	(860)339-5028	Sun-Thurs 1030am-930pm/Fri & Sat 1030am-1030pm	Yes	Local Delivery
Saybrook Seafood	843 Boston Post Road	(860)388-4600	9am-6pm	Yes	No
Saybrook Soup & Sandwich Co.	745 Boston Post Road	(860)395-3000	Closed Monday/Tues-Sat 10am-6pm Sunday 10am-3pm	Yes/Online Ordering	Door Dash, Local Delivery Through Business
Shakahari	1458 Boston Post Road	CLOSED	CLOSED	CLOSED	CLOSED
Shayna B's By The Sea	247 Main Street	(860)339-3144	Thurs - Sun 10am-3pm	Yes	Door Dash, Shoreline Menu Delivery through Website
Som Siam	45 Mill Rock Road	CLOSED	CLOSED	CLOSED	CLOSED
Starbucks	15 Main Street	CLOSED	CLOSED	CLOSED	CLOSED
Stop & Shop #688	105 Elm Street	(860)388-6354	6am-730 Seniors Only/Daily 7:30am-8pm	Yes	No
Subway	535 Boston Post Road	(860)395-0255	9am-5pm Mon-Fri/Sat & Sun 10am-3pm	Yes	No
Sweet Luna's	139 Main Street	CLOSED	CLOSED	CLOSED	CLOSED
Tequila's Authentic Mexican Food	1333 Boston Post Road	(860)391-8091	12pm-8pm	Yes	Door Dash/ imenu360.us
The Tea Kettle Restaurant LLC	1395 Boston Post Road	(860)577-5039	Mon-Thurs 10am- 2pm/Fri-Sun 8am-3pm	Yes	Online Ordering, Local Delivery, Meals To Go
TJ's Restaurant	735 Boston Post Road	(860)388-2400	Sun-Thurs 11am-8pm/Fr& Sat 11am-9pm	Yes	Local Delivery

Walt's Market	178 Main Street	(860)388-3308	Mon-Fri 10am-5pm/Sat 9am-5pm Sun 9am-1pm	Yes	No
Zhangs	455 Boston Post Road	(860)388-3999	4pm-8:30pm	Yes	No

Old Saybrook	Address	Phone #	Hours
Atlantic Seafood	1400 Boston Post Road	(860)388-4527	Daily 10am-4pm/ Fri & Sat 10am-6pm
Big Y	22 Spencer Plain Road	(860)395-0511	<b>7am-8am Seniors Only</b> Daily 8am-8pm
CVS	519 Boston Post Road	(860)388-1145	Monday- Friday 7am-9pm Saturday & Sunday 8am-8pm
Dollar Tree	907 Boston Post Road	(860)577-7336	Daily 9am-8pm
Exxon Mercury	602 Boston Post Road	(860)388-1667	Daily 6am-8pm/Sun 7am-8pm
Food Bag	1652 Boston Post Road	(860)399-9050	Daily 6am-8pm
Food Works	940 Boston Post Road	(860)395-0770	Daily 10am-4pm <b>CLOSED TO FOOT TRAFFIC</b> Phone & Email Orders: osb@foodworksnaturalmarket.com
Fromage	873 Boston Post Road	(860)388-5750	Mon-Fri 10am-4pm/Sat 9am-4pm Closed Sundays
Henny Penny	585 Boston Post Road	(860)388-0559	Daily 6am-8pm
Henny Penny	1090 Boston Post Road	(860)388-5322	Daily 6am-8pm
Ocean State Job Lot	901 Boston Post Road	(860)395-2017	Daily 9am-7pm
River Mart	239 Main Street	(860)388-1158	Daily 7am-8pm

Sam's Food Store	685 Boston Post Road	(860)388-5369	Daily 6am-10pm
Saybrook Seafood	843 Boston Post Road	(860)388-4600	Daily 9am-6pm
Stop & Shop	105 Elm Street	(860)388-6354	<b>630am-730 am Senior Only</b> Daily 730am-8pm
Walmart	665 Boston Post Road	(860)388-0584	<b>SENIORS ONLY Tues 6am-7am</b> <b>First Responders Weds 6am-7am</b> Daily 7am-830pm/Sun 8am-830pm
Walts Food Market	178 Main Street	(860)388-3308	Mon-Fri 10am-5pm Sat 9am-5pm/Sun 9am-1pm

# **Old Saybrook**

## **Emergency Operations Center**

***To Help Us Bring Smiles, Joy, and Comfort to the Residents of Gladeview Health Care and Apple Rehab.....***

***The Old Saybrook Emergency Operations Center is sponsoring a:***

### ***Bring Smiles, Joy, & Comfort Contest!***

***Write a Nice Note...***

***Draw a Picture....***

***Make it Colorful!***

***Be Creative!***

***Take a Photo!***

***Send it to us!***

***We will print all  
submissions  
& deliver them in a  
sanitized package to  
our friends that  
need a smile!***



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need a smile!***

**There are 200 elderly residents of these facilities that cannot have visitors! No family visits! Let's help their caregivers & families make their days not so lonely...Let's give them a SMILE!**

**Entries are due by Wednesday, April 22, 2020 at noon!**

***Send your Submissions to:***

**[Fun@OldSaybrookPolice.com](mailto:Fun@OldSaybrookPolice.com)**

**If the links don't work on your device....**

**Please visit our social media sites by searching COVID19OS**

**Winning families will receive a pizza on Wednesday for Dinner!**