Old Saybrook

COVID 19 Community UPDATE #30 – April 14, 2020

The following Community Update is being provided to you from the Town of Old Saybrook Emergency Operations Center.

The intent of this document is to provide a daily summary of preparedness, response and other government activities.

Public Safety & Community Information

- The Nation, State, and Town remain under Declared States of Emergency.
- Please take social distancing recommendations seriously. Our lives depend on it!
- The Town's Emergency Operation Center (EOC) remains operational.
- Once again there are NO new CONFIRMED cases of COVID-19 today in Old Saybrook!
- Old Saybrook belongs to the Connecticut River Area Health District (CRAHD).
- This includes the Towns of Chester, Clinton, Deep River, Haddam, and Old Saybrook.
- These are the current reported Positive Cases according to CRAHD:
 - Chester 21 Confirmed Cases 3 Deaths
 - Clinton 24 Confirmed Cases 1 Death
 - Deep River 7 Confirmed Cases
 - Haddam 11 Confirmed Cases
 - Old Saybrook 17 Confirmed Cases
- Public Health Officials advise Connecticut is entering the peak of the COVID-19 Outbreak.
- We are very concerned about EVERYONE's Health over the next two (2) three (3) weeks.
- It is predicted that Middlesex County's "peak" may be around April 22, 2020. It is April 14th.
- If we continue to work together, we will keep Old Saybrook's Curve FLAT! We can do this!
- Our goal is to PREVENT illness which will PREVENT death.
- We are very concerned that people will get restless and try to return to "normal" too soon.
- If we scale back or stop our social distancing efforts now, things will get worse.
- We want "things" to get better not worse! Each individual can truly make a difference!

- We will not be successful without you. Please help us save lives! Stay Safe Stay Home!
- If you do not *need* to go out STAY HOME!!
- When choosing to "get some fresh air" try to stay home on your own property.
- Practice Social Distancing Not doing so is selfish! We can keep each other SAFE!
- The Governor has ordered the suspension of weekend and weekly rentals of homes.
- If you see weekend or weekly rental activity please contact the Police Department.
- The Governor has ordered the restriction of gatherings to no more than five (5) people.
- If you see groups of more than five (5) people please call the Police Department!
- PLEASE "Shop Alone" when going to a store for essential items.
- Stores must limit how many shoppers can be in a store at one time by 50%. It's now the Law.
- Follow the Warning Signs that are placed at the entrances to indoor stores/shops.

■ If you have flu like symptoms or have been around someone with flu like symptoms DO NOT ENTER A PUBLIC STORE!

- The Governor has extended the closure of all non-essential businesses until at least May 20th
- The Town is very supportive of our local businesses!

Businesses can click the link below for a COVID-19 Business toolkit – updated each day!! <u>https://www.oldsaybrookchamber.com/coronavirus-business-toolkit</u>

■ The Emergency Operations Center is using Facebook, Twitter, Instagram, and Snapchat to connect with residents. Search COVID19OS to find us on your favorite social media platform.

• Over 2,800 people are signed up to receive this newsletter! Make sure your family is!

■ If you know of someone that does not have a smart phone and wishes to receive this Community Update by email – just contact us! We will make that happen!

Please visit the Emergency Management Website as your sole local online source of all information related to the COVID-19 Public Health Emergency.

https://www.oldsaybrookct.gov/emergency-management

Public School District

- Back to School ONLINE Tomorrow! Go to bed early tonight kids! (and Parents!)
- 250 students were provided meals (breakfast and lunch) today!
- The OSPS website is being updated for parents and students daily. https://www.oldsaybrookschools.org/

Public Health

- It is extremely important that EVERYONE takes this Public Health Emergency seriously!
- Public Health Inspectors ARE checking on businesses we must all stay safe!
- DO NOT go out into the public if you have a fever or flu like symptoms.
- DO NOT go into a retail store or restaurant if you have a fever or flu like symptoms.
- COVID-19 is HIGHLY Contagious. If you have flu like symptoms STAY HOME!!
- We have NOT reached the "peak" yet. PLEASE Stay Home and Stay SAFE!
- The CDC has a COVID-19 "Self Checker".

Click the link: https://www.cdc.gov/coronavirus/2019-nCoV/index.html

- Playscapes will be sanitized three times a week.
- Practice social distancing. Maintain six (6) feet from other people.
- Wash your hands with soap and water frequently for twenty (20) seconds or use at least 60% alcohol based sanitizer.
- YOUR actions can save lives! BE Responsible! SLOW THE SPREAD!

Municipal Government Operations

■ Town offices will be open by appointment tomorrow. Please contact the Department you wish to do business with.

■ If you have a general inquiry for Town Government, contact the First Selectman's Office – 860-395-3123, First Selectman Fortuna Jr. will be happy to assist you.

■ The U.S. Census is completed every ten years. The time to fill out your census form is now.

■ It is important to be counted.....For example, census numbers are often used to calculate "how much" of "something" each State receives. In times of an Emergency/Crisis, it is important that ALL of us are "counted", so that what is needed, is supplied.

- As of today, only 50% of Old Saybrook residents have been "counted."
- Help us be "counted"! Start here it takes 10 minutes! <u>https://2020census.gov/en.html</u>
- Remember to check the Town Website to participate remotely in "public meetings".
- YOUR actions can help prevent community spread. Please choose to help.

Social Services / Youth and Family Services

■ Access Health CT has EXTENDED it's special enrollment period until April 17, 2020. If you are uninsured please use this opportunity to enroll. Go to <u>www.AccessHealthCT.com</u>

- Social Services Appointments will be conducted by phone, Call Sue Consoli 860-395-3188.
- In case of job loss caused by COVID-19 please visit the State's Department of Labor page at:

http://www.ctdol.state.ct.us/UI-online/index.htm

- Youth and Family Services Counselors are providing tele-counseling services.
- For Behavioral Health Support contact Director Heather McNeil 860-510-5042.
- Connect & talk with people you trust about your concerns and how you are feeling.
- Other services are available by contacting 211.

Good News!!

PARTICIPATE IN OUR DRESS UP YOUR FRONT DOOR CONTEST!

- Using what you have at home.....Dress up your front door to bring Smiles and Cheer to all!
- You may choose to dedicate your design to all of our essential workers including store clerks, restaurant workers, mechanics, doctors, police officers, nurses, fire fighters, government leaders, emergency medical service personnel all that go to work for US!
- Submit your entry to <u>Fun@OldSaybrookPolice.com</u>
- The Pictures we are receiving are incredible! Contest ends Tomorrow at noon!

RANDOM ACTS OF KINDNESS - CONTINUES!!!

- Police Officers will be spreading more cheer around town tomorrow by presenting residents with gift certificates to area businesses!
- Spreading cheer, reducing stress, & supporting businesses at the same time WIN WIN WIN!
- Got Good News? Send it to us! We'd love to share.
- Be safe. Keep Smiling. We will get through this!



ONE COMMUNITY. ONE TEAM.

Old Saybrook Emergency Operations Center

In an effort to reduce anxiety, create some smiles, and <u>HONOR</u> the essential workers who are there for us....

The Old Saybrook Emergency Operations Center is sponsoring a:

Dress Up Your Front Door Photo Contest!!!

Using what you have at home..... Decorate your front door! Make it Colorful! Be Creative! Take a Photo! Send it to us! Great Family Fun!



Using what you have at home..... Decorate your front door! Make it Colorful! Be Creative! Take a Photo! Send it to us! Bring Joy to All!

Entries are due by Wednesday, April 15, 2020 at noon!

Send your Pictures to: Fun@OldSaybrookPolice.com

If the links don't work on your device.... Please visit our social media sites by searching COVID19OS

Winning families will receive a pizza and ice cream on Wednesday for Dinner!