

# Old Saybrook

## **COVID 19 Community UPDATE #15 - March 30, 2020**

The following Community Update is being provided to you from the  
Town of Old Saybrook Emergency Operations Center.

The intent of this document is to provide a daily summary of preparedness,  
response and other government activities.

### **Public Safety & Community Information**

- The Nation, State, and Town remain under Declared States of Emergency.
- Old Saybrook was notified of another confirmed positive case of COVID-19 today.
- There are now six (6) confirmed cases of COVID-19 in Old Saybrook.
- There are more people in Old Saybrook that we suspect have contracted COVID-19.
- These people live with or have been in close proximity to those who have been diagnosed with COVID-19 AND have flu like symptoms.
- Please do not think that because Old Saybrook “only has six (6) confirmed cases” that Old Saybrook residents are not at risk of contracting COVID-19. You are at risk. We all are.
- COVID-19 Test results are currently taking five (5) to seven (7) days.
- We are expecting and are prepared for further confirmed cases of COVID-19 in Old Saybrook.
- All grocery stores in Old Saybrook are asking you to “Shop Alone”.
- Stores ask that you do not bring your family shopping with you. It is safer for everyone.
- Warning Signs were placed at the entrances to commonly visited indoor places today.
- These signs ask those that have flu like symptoms or who those that have been around someone with flu like symptoms not to enter the indoor space.
- Please remember to be thankful to all who are “essential employees”, those that continue to go to work so we may get gas, buy groceries, get take out, be cared for, and be safe.
- We have temporality changed our “normal” based on this very sound Public Health Concept:

#### **LESS CONTACT = LESS VIRAL INFECTIONS = LESS DEATH**

- You can go to the grocery store, get takeout, get gas for your car, visit the park, go for a walk.

#### **Just Use Common Sense – Social Distancing Really Works – It SAVES LIVES!!**

- If you have recently moved your family to Old Saybrook from another location—any location—please consider sheltering in place (self-quarantine) for fourteen (14) days to prevent further community spread.
- With so many second homes in our community, this has become an area of major concern for our Town. Please be respectful – no one wants to get sick.
- The Town is awaiting an interpretation from the Governor’s Office concerning the CDC Travel Advisory Issued for Connecticut Sunday evening. The Advisory is listed here:  
<https://www.cdc.gov/media/releases/2020/s038-travel-advisory.html>
- Banning people travelling to Old Saybrook is currently against Federal and State Law.

- The Governor has ordered the restriction of social and recreational gatherings to no more than five (5) people. *(Religious services may have fifty (50) people.)*
- The Governor has ordered that restaurants, that require those picking up food to enter the restaurant facility, to limit the entrance of customers into their restaurant to the minimum extent necessary to pick up and pay for orders. Many OS restaurants were already doing this.
- The Governor's order does not place any additional restrictions on restaurants that are "walk up" in nature or restaurants that are carrying meals to customers in their parking lots.
- Again, if you are standing in a line – remember social distancing – 6 feet - it really works!
- A list of "frequently asked questions/answers" on Connecticut's actions concerning COVID-19 can be found at this link: <https://portal.ct.gov/-/media/Coronavirus/COVID-19-FAQs.pdf?la=en>
- Old Saybrook's First Responders have personal protective equipment, adjusted response guidelines, and open/clear communication – all of which will keep them as safe as possible.
- If you do not need to be out in public – don't be!
- The Town's Emergency Operation Center (EOC) is operational.
- An updated list of all restaurants that are open for take-out and/or delivery are attached.
- The Town is very supportive of our local businesses!
- The Public Safety Leadership Team continues to meet every day to brief the First Selectman and to coordinate preparedness and response activities for the Town of Old Saybrook.
- Today the Public Safety Leadership Team participated in a conference call with the Governor.
- Arrangements are in place for Public Safety Leadership Team Members to work remotely in case of illness. In case of extreme illness, secondary leadership has also been identified.
- All non-essential businesses are closed to the public as ordered by The Governor.
- Businesses can click the link below for a COVID 19 Business toolkit (This is being updated).  
<https://www.oldsaybrookchamber.com/coronavirus-business-toolkit>
- Information for business that are interested in filing for a State Bridge Loan may be found at:  
<https://portal.ct.gov/DECD/Content/Coronavirus-Business-Recovery/CT-Recovery-Bridge-Loan-Program>
- There is NO curfew. No Curfew has been imposed.
- There is NO food shortage in Old Saybrook.
- Blood Bank Supplies are LOW. Donations are needed!
- Click this link to schedule an appointment at an area Red Cross Blood Drive:  
<https://www.redcrossblood.org/give.html/drive-results?zipSponsor=06475>
- The Emergency Operations Center is using Facebook, Twitter, Instagram, and Snapchat to connect with residents. Search COVID19OS to find us on your favorite social media platform.
- Please make sure your family & friends are signed up to receive these daily notices. As this public health emergency progresses, this information will be of vital importance.
- Currently over 2,600 people are signed up to receive this newsletter!
- Please visit the Emergency Management Website as your sole local online source of all information related to the COVID-19 Public Health Emergency.  
<https://www.oldsaybrookct.gov/emergency-management>

## Public Health

- It is extremely important that EVERYONE takes this Public Health Emergency seriously!
- DO NOT go out into the public if you have a fever or flu like symptoms.
- DO NOT go into a retail store or restaurant if you have a fever or flu like symptoms.
- COVID-19 is HIGHLY Contagious. If you have flu like symptoms STAY HOME!!
- **Practice social distancing. Maintain six (6) feet from other people.**

Be smart when outdoors enjoying a park/beach – **Practice Social Distancing.**

Standing in a line is fine – just **Practice Social Distancing.**

Go for a walk - just **Practice Social Distancing.**

- Playscapes will be sanitized three times a week.
- Wash your hands with soap and water frequently for twenty (20) seconds or use at least 60% alcohol based sanitizer.
- YOUR actions can save lives! BE Responsible! SLOW THE SPREAD!

## Municipal Government Operations

- Town Hall is OPEN tomorrow although the doors to Town Hall will be locked.
- Non Public Safety, Municipal Government services are available by appointment only.
- Please contact the Department you wish to do business with.
- If you need documents from Town Hall you may receive them via email, US Mail, or have them delivered to your car by calling the First Selectman's Office. 860-395-3123
- The Town will be assisting the Democratic and Republican Town Committees host "online meetings" in order to select convention delegates.
- Outdoor recreation facilities are OPEN! **Please follow "Social Distancing" recommendations,** stay in groups of less than five (5) people – but GO OUTSIDE!!
- Signage reminding people visiting our beaches, parks, & playscapes to practice social distancing and handwashing have been placed at parks and beaches around town.
- Be smart when at our facilities. If there are too many people there when you arrive, choose to visit another time. Remember – groups of 5 – max! Please don't force us to enforce this.
- Our municipal beaches and parks will remain open until the Governor orders State parks and beaches closed. Currently, all State parks and beaches are OPEN.
- YOUR actions can help prevent community spread. Please choose to help.
- Many people have called wanting to help in some way. We are so appreciative of all the offers. The best way to help right now is to heed all of our warnings, and model proper behavior for all to witness.

## Social Services / Youth and Family Services

- Access Health CT is offering a special enrollment period from March 19 - April 2, 2020. If you are uninsured please use this opportunity to enroll. Go to [www.AccessHealthCT.com](http://www.AccessHealthCT.com)
- Social Services Appointments will be conducted by phone, Contact Sue Consoli 860-395-3188
- In case of job loss caused by COVID-19 please visit the State's Department of Labor Page at:  
<http://www.ctdol.state.ct.us/UI-online/index.htm>
- Youth and Family Services Counselors are now able to provide tele-counseling services.

- Tele-counseling services are using a platform called Doxy.me to maintain clinical connection for existing clients.
- New clients wishing to speak with a Licensed Mental Health Provider are welcome. Contact the Director at 860-510-5042.
- A highly confidential, HIPAA-compliant platform is used for all new patients when registering.
- Behavioral Health Support and Resources are also available via phone by contacting Director Heather McNeil 860-510-5042.
- Other services are available by contacting 211.

### Public School District

- Week two of Distance Learning started today!
- Please encourage your children to get into a “normal” school routine.
- Food distribution for children enrolled in the Old Saybrook Public School District continues. Pick up is available from 9-10 AM, each weekday at the Goodwin School and the High School. Meals are free! Today 222 students were served breakfast and lunch. That’s 444 meals!
- There is no news yet from the State Department of Education or the Governor as to when/if schools will be able to resume normal operations.
- The OSPS website is being updated for parents and students daily.  
<https://www.oldsaybrookschoools.org/>

### Good News!!

- We know who the winners are!!
- We will share their photos and Public Health Awareness Advertisements tomorrow!
- Congratulations to OSHS Senior Ian Mason-He has been accepted to the US Naval Academy!
- Find out how much you might be receiving in a stimulus check – click here for the calculator:  
<http://dig.abclocal.go.com/ccg/stimulus-calculator/index.html>
- The GREAT Take Out Give A Way is On!! With the support of the Saybrook Wealth Group and the Chamber of Commerce, the Chamber is giving away ten (10) \$100 Restaurant Gift Certificates (one a day). Click the link for more information.  
<https://www.oldsaybrookchamber.com/giveaway>
- Got Good News? Send it to us! We’d love to share.
- Wal-Mart is Hiring!! They want to help those that may be out of work. Please stop in to apply for one of the many temporary full and part time jobs.
- Got an idea for our next contest to keep everyone smiling?
- Email us at: [Fun@OldSaybrookPolice.com](mailto:Fun@OldSaybrookPolice.com)
- Be safe. Keep Smiling. We will get through this!



**ONE COMMUNITY.  
ONE TEAM.**

OLD SAYBROOK	Address	Phone #	Hours	Take Out	Delivery Service
AFC Sushi @ Big Y 58	28 Spencer Plain Road	(860)395-0511	8am-8pm	Yes	No
Alforno's	1654 Boston Post Road	(860)399-4166	Lunch: 12pm-230pm Dinner: 5pm-8pm	Yes	Door Dash
Ashlawn Farm Store LLC	454 Boston Post Road	(860)339-5663	Café CLOSED Roastery open for online sales	Yes	Whole Sale Delivery ONLY
Aspen Restaurant	2 Main Street	CLOSED	CLOSED	CLOSED	CLOSED
Atlantic Seafood	1400 Boston Post Rd.	(860)388-4527	10am-4pm Daily Fri& Sat 10am-6pm	Yes	No
Ben & Jerry's	19 Main Street	CLOSED	CLOSED	CLOSED	CLOSED
Big Y	28 Spencer Plain Road	(860)395-0511	8am-8pm	Yes	No
Burger King	607 Boston Post Road	(860)388-5255	7am-8pm	Yes	No
Café Toscana	25 Main Street	(860)388-1270	7am-3:30pm	Yes	No
Caffe Marche	2 Pennywise Lane	CLOSED	CLOSED	CLOSED	CLOSED
Cloud 9	256 Boston Post Road	CLOSED	CLOSED	CLOSED	CLOSED
Comfort Café	90 Essex Road	CLOSED	CLOSED	CLOSED	CLOSED

Courtyard	105 Elm Street	(860)388-1821	Mon-Sat 6am-2pm Sun 7am-1130am	Yes	Local Delivery
Cuckoo's Nest	1712 Boston Post Road	(860)399-8189	Mon-Sat 4pm-8pm Sun 1pm-5pm	Yes	Shoreline Menu Delivery through Website
Dagmar's Desserts	75 Main Street	(860)661-4661	Tues-Sat 10am-2pm Closed Sun & Mon	Yes	Shoreline Menu Delivery through Website
Dairy Queen	1370 Boston Post Road	(860)388-5650	Sun-Thurs 1130am-9pm Fri, Sat 1130am-930pm	Yes	No
Dunkin Donuts	923B Boston Post Road	(860)388-9121	5am-7pm	Yes	No
Dunkin Donuts II	1635 Boston Post Road	(860)399-0025	5am-5pm	Yes	No
Estuary Council	220 Main Street	(860)388-1611	Café Lunches Take Out Only/Meals on Wheels	Yes	Meals on Wheels
Fenwick Ice Cream	910 Boston Post Road	(860)388-4032	Mon-Wed 11am-3pm/Thur,Sun 11am-730pm/Fri,Sat 11am-8pm	Yes	No
Fiore	210 Main Street	(860)388-2699	Sun-Thurs 1030 am-9pm Fri & Sat 10am-9pm	Yes	Local Delivery
Five Guys	28 Spencer Plain Road	(860)391-8602	11am-8pm	Yes	Door Dash, Online Orders, Uber Eats
Fresh Salt (Saybrook Point Inn)	2 Bridge Street	(860)388-1111	Thurs & Fri 4pm-9pm Sat & Sun 12pm-9pm	Yes	Local Delivery Old Saybrook Only
Fromage	873 Boston Post Road	(860)388-5750	Mon-Fri: 10am-4pm Sat: 9am-4pm Closed Sunday	Yes	No
Golden Garden	210 Main Street	(860)395-0888	Mon-Thurs 2pm-8pm / Fri & Sat 2pm-9pm / Sun 4pm-8pm	Yes	No

Himalaya Café	1456 Boston Post Road	(860)577-5300	Mon,Wed, Thurs 430-9pm/Tues Closed/Fri & Sat 12pm-2pm; 5- 10pm/Sun 2pm-9pm	Yes	No
Jack Rabbits	254 Main Street	(860)510-0048	11am-8pm	Yes	Starting Friday
Jakes Wayback Burgers	1657 Boston Post Road	(860)391-8475	1030am-9pm	Yes	Door Dash, Uber Eats
Johnny Ad's	910 Boston Post Road	(860)388-4032	Mon-Wed 11am-3pm/Thur,Sun 11am-730pm/Fri,Sat 11am-8pm	Yes	No
Kenny's Pizza	350 Middlesex Turnpike	(860)388-3035	9am-9pm/Sunday Closed	Yes	Local Delivery \$15 minimum
LaMerea	732 Middlesex Turnpike	(860)391-8614	Wed-Sun 4pm-8pm	Yes	Local Delivery
Little Pub	1231 Boston Post Road	(860) 339-5591	Wed-Sun 3pm-8pm	Yes	Door Dash
Liv's Oyster Bar	166 Main Street	(860)395-5577	Mon-Fri 430pm-8pm Sat 530pm-8pm /Sun- Closed	Yes	Call for Information
Luigi's	1295 Boston Post Road	(860)388-9190	Pick Up Between 5pm-8pm Credit Only	Yes	No
McDonalds	1061 Boston Post Road	(860)388-6895	Lobby 6am-8pm Drive Thru 6am-11pm	Yes	Uber Eats, Door Dash
Mindy K's	1610 Boston Post Road	(860)399-6427	Mon-Sat 6am-3pm Sun Closed	Yes	No
Mirsina's Restaurant	162 Main Street	(860)388-9706	Mon-Sat 7am-2pm Sun 7am- 1pm	Yes	Local Delivery/Door Dash
Monkey Farm	571 Boston Post Road	CLOSED	CLOSED	CLOSED	CLOSED

Mystic Market	70 Mill Rock Road	(860)661-5910	Mon-Sat 9am-6pm Sun 10am-5pm	Yes	Call for Delivery
Otter Cove Restaurant	99 Essex Road	(860)388-4836	Tues-Sun 4pm-8pm	Yes	Call for Information
Paperback Café	210 Main Street	CLOSED	CLOSED	CLOSED	CLOSED
Parthanon Diner	809 Boston Post Road	CLOSED	CLOSED	CLOSED	CLOSED
Pasta Vita	225 Elm Street	(860)395-1452	Mon-Fri 8am-6pm/Sat 8am-530pm/Sun 9am-3pm	Yes	No
Penny Lane Pub	150 Main Street	(860)388-9646	Mon-Thurs 12pm-7pm / Fri & Sat 12pm-8pm / Sun Closed	Yes	Shoreline Menu Delivery through Website
Pizza Palace	1283 Boston Post Road	(860)388-4090	Sun-Thurs 10am-8pm Fri & Sat 10am-9pm	Yes	Shoreline Menu Delivery through Website
Pizza Works	455 Boston Post Road	(860)388-2218	Sun-Thurs 1130am-730pm Fri & Sat 10am-9pm	Yes	Door Dash
Pursit of Pastry	709 Boston Post Road	(860)391-8687	Sun: 8am-2pm / Monday closed Tues-Fri: 8pm-5pm Sat: 8am-4pm /	Yes	Shoreline Menu Delivery through Website
Rosemary and Sage	1080 Boston Post Road	(860)388-1166	Mon-Sat 3pm-7pm / Sun- Closed	Yes	Pick Up Only
Saigon City	1315 Boston Post Road	(860)388-6888	1130am-8pm/Closed Mondays	Yes	No
Sals Pizza	29 Spencer Plain Road	(860)399-8331	11am-8pm/Closed Mondays	Yes	Shoreline Menu Delivery through Website
Samurai Asian Fusion	1596 Boston Post Road	(860)399-1113	12pm-830pm	Yes/Online Ordering	Local Delivery



Saybrook Pizza & Restaurant	1550 Boston Post Road	(860)339-5028	1030am-930pm Fri & Sat 10am-9pm	Yes	Local Delivery
Saybrook Seafood	843 Boston Post Road	CLOSED	CLOSED	CLOSED	CLOSED
Saybrook Soup & Sandwich Co.	745 Boston Post Road	(860)395-3000	10am-7pm Daily Sunday 10am-3pm	Yes/Online Ordering	Door Dash, Local Delivery Through Business
Shakahari	1458 Boston Post Road	CLOSED	CLOSED	CLOSED	CLOSED
Shayna B's By The Sea	247 Main Street	(860)339-3144	10am-5pm	Yes	Door Dash, Shoreline Menu Delivery through Website
Som Siam	45 Mill Rock Road	CLOSED	CLOSED	CLOSED	CLOSED
Starbucks	15 Main Street	CLOSED	CLOSED	CLOSED	CLOSED
Stop & Shop #688	105 Elm Street	(860)388-6354	6am-730 Seniors Only/ Daily 7:30am-8pm	Yes	No
Subway	535 Boston Post Road	(860)395-0255	Mon-Sat 9am-6pm Sun 9am- 3pm	Yes	No
Sweet Luna's	139 Main Street	CLOSED	CLOSED	CLOSED	CLOSED
Tequila's Authentic Mexican Food	1333 Boston Post Road	(860)391-8091	12pm-8pm	Yes	Door Dash/imenu360.us
The Tea Kettle Restaurant LLC	1395 Boston Post Road	(860)577-5039	Sun 8am-3pm / Mon-Thurs 10am-2pm / Fri & Sat 8am-8pm	Yes	Online Ordering, Local Delivery, Meals To Go
TJ's Restaurant	735 Boston Post Road	(860)388-2400	11am-9pm	Yes	Local Delivery

Walt's Market	178 Main Street	(860)388-3308	Mon-Fri 9am-6pm / Sat/ 8am-6pm / Sundays 8am-1pm	Yes	No
Zhangs	455 Boston Post Road	(860)388-3999	4pm-9pm Daily	Yes	Door Dash, Free Delivery if You Call